Catholic Education CURRICULUM ACTIVITY RISK ASSESSMENT

School/College	Kepnock SHS						
Curriculum Activity (Attach the EQ Activity Guide		Australia	n Football				
Risk Level	High Risk						
Details of Activity	Bundaberg Trials and Wide Bay Trials						
Teachers / Leaders of Activity	Ryan Collins						
Year Levels Involved	13-14 Boys						
Start Date	10 / 02 / 2020 End Date			20	20 / 02 / 2020		
Approximate Supervision Ratio	1:10						
Venue ATW AFL Grounds (B'Berg Trials) Hervey Bay (Wide Bay Trials)							
Minimum supervision requirements met (as per Education Queensland Curriculum Activity Risk Management Guideline)				⊠ Yes	☐ No		
A registered teacher will be present to take overall control				X Yes	☐ No		
Minimum qualification requirements met (as per Education Queensland Curriculum Activity Risk Management Guideline)				⊠ Yes	☐ No		
Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel			- 11	⊠ Yes	☐ No		
Blue Card requirements met				∑ Yes	☐ No		
Minimum Equipment / Facilities Requirements met (as per Education Queensland Curriculum Activity Risk Management Guideline)				⊠ Yes	☐ No		
If NO for any of the above, risk will be managed through the following							
Suggested control measures have been met (as per Education Queensland Curriculum Activity Risk Management Guideline)				X Yes	☐ No		
If NO, risk will be managed through the following							
Is parental permission required for this activity?	⊠ Yes □ r	Nο	ES has it been ned?		⊠ Yes	☐ No	
Extra Information	Only players with pare	ental cons	ent will be able	to tria			
					1		
Submitted by	Ryan Collins Date		ate	04 / 02 / 2020			

APPROVAL				
Approved as submitted				
Approved with the following condition(s)				
Not approved for the following reason(s)				
By: Karen McCord	Designation: Principal - Bundaberg SHS			
Signed: AME	Date: 05/	02 / 202	20	
Teachers / Leaders of this activity who have been Education Queensland Activity Guidelines.	trained in thes	e procedure	es and read the relevant	
Monitor and Review	×			
Are the control measures still effective?		Ye	es 🗌 No	
Have there been any changes?		Y	es No	
Are further actions required?		Y	es No	
Details:				
Completed By		Date	1 1	

Australian football

The planning considerations that are common to all curriculum activities can be found in the <u>CARA generic template</u>. These must be considered as well as the activity-specific considerations outlined below.

Activity scope

This guideline relates to student participation in Australian football (AFL) as a curriculum activity, including skills development, training and competitions.

Mandatory requirements

Mandatory requirements must be met for the activity to be conducted.

- Refer to AFL Community for guidelines/codes of practice.
- Modified versions of AFL may include additional and/or alternate risks and equipment that should be considered in planning this activity.
- Competition games must be controlled by competent coaches and umpires. A referee who is currently a student of a participating school should not be appointed to umpire an unmodified game.
- Students must wear a mouthguard when participating in Australian football. The Department strongly recommends that students wear custom-fitted mouthguards. Schools are required to provide information about the different types of mouthguards to parents/carers to assist them make an informed choice for the student, for example, see the Sport Medicine Australia Dental Injuries and the Australian Dental Association recommendations.
- Obtain parent/carer consent as part of the medical questionnaire/declaration required for participation in Australian football. The medical questionnaire/declaration must include the following statement:

I understand that mouth protection is mandatory in this sport. I have read the information provided to me about mouth protection and accept responsibility for the type of mouth protection I/my child will wear whilst playing this sport.

(Note: Students with a medical condition that may impact on their safety during participation in this activity must be cleared by a medical practitioner to participate in the activity).

- Establish and implement procedures for emergencies such as injury (e.g., head injuries) and first aid, resuscitation, communication, emergency service contact details and supervision/safety detail of students that are appropriate to the activity, location and conditions.
- Follow the school's sun safety strategy.
- Refer to the <u>School Excursions and International School Study Tours</u> for mandatory travel requirements that may be associated with this activity when playing off site.

Risk level

- Medium risk: Teaching of modified games, adhering to the <u>AFL Sport Education in Physical Education</u> <u>Program or other modified non-contact/minimal contact versions of AFL</u>
- High risk: Teaching of AFL skills, training and competitions.



Queensland Government

Supervision requirements

- Provide sufficient adult supervision to manage the activity safely (including emergency situations). Consider age, size, ability and maturity of students in this decision. Principals make decisions about the supervision requirements.
- Ensure supervisors are visible and easily identified and that all students are in sight of at least one adult at all times
- During competition, a qualified first aid officer with cardio pulminary rescusitation (CPR)/sports trainer should be readily accessible to the field(s) of play to provide immediate first aid assistance. There must be phone access to call an ambulance if required.
- Competition games must be controlled by competent coaches and officials. A referee who is currently a student of a participating school should not be appointed to referee an unmodified game.

Qualifications for supervisors

Medium risk level

- A registered teacher with competence (knowledge and skills) in the teaching of AFL.
- A registered teacher or other activity leader (as appropriate for the age group) working under the direct supervision of a registered teacher with:
 - U/6 to U/11: <u>Level 1 (Junior)</u> coaching accreditation from AFL Queensland. This course may be undertaken through the <u>Get Active Queensland Accreditation Program</u> (GAQAP).
 - U/12 to U/17: <u>Level 1 (Youth)</u> coaching accreditation from AFL Queensland. This course may be undertaken through GAQAP.

High risk level

 An adult with Level 1 (Youth) coaching accreditation from AFL Queensland working under the direct supervision of a registered teacher. This course may be undertaken through GAQAP.

Requirements for facilities and equipment

- Readily available first aid equipment and consumable items (e.g. heat pack, ice pack) appropriate to the location and level of risk.
- Wear personal protective equipment (including footwear) appropriate to the playing surface and type of activity.
 It is recommended students wear body padding and headgear for full contact games appropriate to the age of participants.
- Clearly define playing area and establish a safety/spectator zone.
- An injury management procedure (including head injuries) in place. Refer to Queensland School Sport <u>Competition Procedures</u> concussion policy.
- Goal and behind posts padded as follows:
 - a minimum of 35mm thick foam padding, covered in canvas or painted
 - a minimum height of 2.5m from the bottom of each goal and behind post
 - a suitable width to allow the padding to be fixed around each goal and behind post
 - the padding must be securely attached around each goal and behind post.
- Footwear appropriate to the playing surface, type of activity (i.e. training or match) and age of participants.

Hazards and controls

Before the activity

Hazards	Control measures
Considering environmental conditions	Assess weather <u>Bureau of Meteorology</u>) and environmental conditions.
Accessing facilities and using equipment	 Clearly define the playing and clearance areas prior to play commencing. <u>AFL Queensland</u> recommend a clearance of 5m surrounding the playing area. If the recommended boundary clearance is not met, provide instructions to the officials/supervisors and students about the limited clearance zone and the steps they could take to ensure safety, including the following: reduce the size of the playing field to achieve an adequate clearance zone remove spectators/dangerous obstacles within the clearance zone station supervisors near any obstacles within the clearance zone pad any obstacles located within the clearance zone. If one or more students are wearing footwear, ensure all students have footwear. Inspect boots before each match. Loose, sharp-edged or excessively worn studs and sharp-edged soles must not be worn.
Managing student considerations	 Adhere to <u>AFL Next Generation Australian Football Match Policy</u> for the conduct of the game for players under 18. Select students for on field position(s) on the basis of ability, size and suitability. Ensure students pass through the skills and knowledge areas associated with AFL before participating at a level governed by the full laws of the game.

During the activity

Considering environmental conditions	 Cease the activity if the weather is unfavourable (e.g. extreme temperatures, thunderstorms).
Accessing facilities and using equipment	Continually monitor and enforce the correct use of all equipment.
Managing student considerations	 Enforce rules regarding physical contact and dangerous play specific to the sport. Modify games to match the age, skill and fitness levels of students. Ensure drink breaks occur regularly (i.e. drink breaks are recommended every 30 minutes in conditions of extreme temperature) and drinks are available for individual players between drink breaks. Remove accessories (e.g. jewellery) before participating. Ensure fingernails, hair and clothing do not interfere with the activity.

After the activity

Accessing facilities	•	Clean and store all equipment safely and securely when not in use.	
and using equipment			

Additional links

Queensland School Sport Unit Sports Medicine Australia Injury Fact Sheets Sports Medicine Australia Hot Weather Guideline Australian Dental Association

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