

Curriculum activity risk assessment

Rugby Union

clever • skilled • creative

Activity scope

This document relates to student participation in Rugby Union as a curriculum activity. The nature of the activities makes it unsuitable for very young students.

Rules for the game of Walla Rugby and other approved modified forms of the game should be used for the specific age-groups.

Risk level

The actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:



- Which students will be involved?
- Where will the students be?
- What will the students be doing?
- Who will be leading the activity?
- What will the students be using?

Inherent risk level			Action required / approval
<input type="checkbox"/>	Medium	Rugby Sevens and Walla Rugby age 6–8 years, Mini age 9–10 years, Midi age 11–12 years	<input checked="" type="checkbox"/> Record controls in your planning documents and/or complete this <i>Curriculum Activity Risk Assessment</i> . <input checked="" type="checkbox"/> Consider obtaining parental permission.
<input type="checkbox"/>	High	Rugby Union 15's	<input checked="" type="checkbox"/> A <i>Curriculum Activity Risk Assessment</i> must be completed. <input checked="" type="checkbox"/> Principal or delegated Deputy Principal or Head of Program (i.e. HOD, HOSES, HOC) to review and approve risk assessment <input checked="" type="checkbox"/> Obtaining parental permission is recommended. <input checked="" type="checkbox"/> Once approved, activity details are to be entered into the <i>School Curriculum Activity Register</i> .

Teachers/leaders:

Activity description:

Start date:

Finish date:

No of students (approx.):

Class groups:

Supervision ratio (approx.):



Queensland Government

Uncontrolled copy. Refer to HLS-PR-012: Curriculum Activity Risk Management at <http://education.qld.gov.au/strategic/eppr/health/hlspr012/> for master.

Date Modified: 13 August 2010

Burnley Rugby Union Club @ Bolton
© 2010 marcus_and_sue

Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information regarding the additional or alternate controls to be implemented for the safe conduct of the activity.

Minimum supervision

Adequate adult supervision is to be provided. In determining what is adequate, consider the number of students, their individual needs, and the nature of the activity. If an adult other than a registered teacher is engaged for instruction, a teacher should be present to take overall responsibility. [Blue Card](#) requirements **must** be adhered to.

- ☐ Registered teacher with minimum qualifications as outlined below
OR
☐ An adult with minimum qualifications as outlined below, in the presence of a registered teacher

Further information:

Minimum qualifications

The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.

- ☐ Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel.
☐ [Blue Card](#) requirements met

Medium — Rugby Sevens, Walla Rugby age 6–8 years, Mini age 9–10 years, Midi age 11–12 years

- ☐ Smart Rugby — safety course mandatory for all coaches and referees

For a registered teacher:

- ☐ Get Active QLD accreditation rugby union coaching course
OR
☐ Smart Rugby qualifications from [Queensland Rugby](#)
OR
☐ Competence (demonstrated ability/experience to undertake the activity) in the teaching of Rugby Union
OR
☐ Coaching kids' rugby qualifications from [Queensland Rugby](#)
OR
☐ Foundation course qualifications from [Queensland Rugby](#)

A teacher could demonstrate their competency through their:

- ☐ knowledge of the activity and the associated hazards and risks
☐ experience (i.e. previous involvement) in undertaking the activity

Minimum qualifications

The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.

- ☐ demonstrated ability and/or expertise to undertake the activity
- ☐ possession of qualifications related to the activity.

For a leader other than a registered teacher:

- ☐ Get Active QLD accreditation rugby union coaching course
OR
- ☐ Smart Rugby qualifications from [Queensland Rugby](#)

High — Rugby Union

For a registered teacher or for a leader other than a registered teacher:

- ☐ Get Active QLD accreditation rugby union coaching course
OR
- ☐ Smart Rugby qualifications from [Queensland Rugby](#)

Competition games **must** be controlled by competent coaches and officials. The minimum requirements are qualifications in Smart Rugby.

A referee who is currently a student of a participating school should not be appointed to referee a game in which his/her school is playing, unless there is agreement by officials of both teams for that to occur.

In competition games, where touch judges are not provided by the Referees' Association, each school should endeavour to provide a competent touch judge (such as an older student or parent).

For further information, refer to [Queensland Rugby](#) coaching courses and accreditation.

Further information:

Minimum equipment/facilities <i>If 'No' is ticked, provide further information.</i>	Yes	No
First aid kit suitable for activity	<input type="checkbox"/>	<input type="checkbox"/>
Communication system: <input type="checkbox"/> phone-line at location <input type="checkbox"/> mobile phone <input type="checkbox"/> walkie talkies/UHF radio <input type="checkbox"/> student/adult messenger Other:		
Sun safety equipment (hat, sunscreen, shirt etc)	<input type="checkbox"/>	<input type="checkbox"/>
Drinking water (students should not share drinking containers)	<input type="checkbox"/>	<input type="checkbox"/>
Padding on goal posts	<input type="checkbox"/>	<input type="checkbox"/>
Minimum clearance of five metres surrounding playing area	<input type="checkbox"/>	<input type="checkbox"/>
Some suggested alternate controls where minimum boundary clearance is not met: <input type="checkbox"/> Reduce the size of the playing field to achieve an adequate clearance zone. <input type="checkbox"/> Remove spectators/dangerous obstacles within the clearance zone. <input type="checkbox"/> Provide instructions to the official/supervisors and players about the limited clearance zone. <input type="checkbox"/> Station supervisors near any obstacles within the clearance zone.		
Mouth guard – it is recommended that players wear a specially made and fitted mouth guard during matches and training sessions	<input type="checkbox"/>	<input type="checkbox"/>
Player equipment – includes footwear and headgear; All should comply with age standard levels appropriate to the laws of the game.	<input type="checkbox"/>	<input type="checkbox"/>
Injury management procedure (including head injuries) in place	<input type="checkbox"/>	<input type="checkbox"/>
Further information:		

Governing bodies/associations <i>If 'No' is ticked, provide further information.</i>	Yes	No
Guidelines/codes of practice are established for this activity. See Queensland Rugby , Australian Rugby Union . Have these been considered during the planning of this activity?	<input type="checkbox"/>	<input type="checkbox"/>
If you are organising competitions or other events, have you referred to Queensland School Sport Unit ?	<input type="checkbox"/>	<input type="checkbox"/>
Further information:		

Hazards and suggested control measures

All persons engaging in this activity should:

- identify the hazards, including any additional hazards not mentioned here
- assess their significance
- manage the potential risks.


Listed below are indicative hazards/risks and suggested control measures. They are by no means exhaustive lists. After checking these, add details of any other identified hazards/risks and additional controls you intend to implement.

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
Biological material <ul style="list-style-type: none"> Body fluids (e.g. blood, saliva, sweat) 	<ul style="list-style-type: none"> Comply with Infection Control Guideline. Remove students with open cuts and abrasions from the activity and treat immediately. If bleeding cannot be controlled completely, the participant should not be allowed to return to the activity. All clothing, equipment and surfaces contaminated by blood should be treated as potentially infectious. Have sufficient and suitable containment material (bandages etc.) available. Ensure that personal items such as mouthguards, towels, and drink bottles are not shared. 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Environmental conditions <ul style="list-style-type: none"> Temperature Weather conditions Playing field and surrounds 	<ul style="list-style-type: none"> Assess weather conditions before and during activity (e.g. temperature, storms). Assess suitability of playing field (e.g. level, debris, pot holes/divots, line markers) before and during activity 	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	
Physical contact <ul style="list-style-type: none"> Breaks Bruises, cuts and abrasions 	<ul style="list-style-type: none"> Ensure there is strict adherence to modified rules of rugby union. Provide instruction in laws, safety procedures and prerequisite skills before students play the game. Mouthguards and other body padding (especially headgear) should be considered for full-contact games. 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Physical exertion	<ul style="list-style-type: none"> Have appropriate warm-up and warm-down activities. 	<input type="checkbox"/>	<input type="checkbox"/>	

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
<ul style="list-style-type: none"> • Strains • Sprains • Fatigue 	<ul style="list-style-type: none"> • Follow progressive and sequential skills development. • Have ice packs available. • Continuously monitor students for signs of fatigue and exhaustion. 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Students <ul style="list-style-type: none"> • Special needs • High risk behaviours • Medical conditions • Student numbers 	<ul style="list-style-type: none"> • Refer to Individual education plan/Educational adjustment plan/Behaviour management plan and other student documents. • Obtain parental permission, including relevant medical information. • When students with medical conditions are involved, ensure that relevant medical/emergency plans and medications are available (insulin, Ventolin, Epipen, etc.) • Where necessary, obtain advice from relevant advisory visiting teachers or specialist teachers. • Ensure there is adequate adult supervision. 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

Additional control measures	
<i>These would relate to the specific student needs, location and conditions in which you are conducting your activity.</i>	
Hazards/Risks	Control Measures

Submitted by:	Date:
List the names of those who were involved in the preparation of this risk assessment.	

Approval	
<input type="checkbox"/>	Approved as submitted:
<input type="checkbox"/>	Approved with the following condition(s):
<input type="checkbox"/>	Not approved for the following reason(s):
By:	Designation:
Signed: 	Date:
Once approved, activity details should be entered into the <i>School Curriculum Activity Register</i> by administrative staff.	
Reference no.	

Monitor and review <i>To be completed during and/or after the activity and/or at the completion of the series of activities.</i>	Yes	No
Are the control measures still effective?	<input type="checkbox"/>	<input type="checkbox"/>
Have there been any changes?	<input type="checkbox"/>	<input type="checkbox"/>
Are further actions required?	<input type="checkbox"/>	<input type="checkbox"/>
Details:		

Important links

- SCM-PR-002: School Excursions
<http://education.qld.gov.au/strategic/eppr/schools/scmpr002/>
- HLS-PR-003: First Aid
<http://education.qld.gov.au/strategic/eppr/health/hlspr003/>
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions
<http://education.qld.gov.au/strategic/eppr/health/hlspr004/>
- Infection Control Guideline
http://education.qld.gov.au/health/pdfs/healthsafety/infection_control_guideline.pdf
- HLS-PR-005: Health and Safety Incident Recording and Notification
<http://education.qld.gov.au/strategic/eppr/health/hlspr005/>
- HLS-PR-013: Developing a Sun Safety Strategy
<http://education.qld.gov.au/strategic/eppr/health/hlspr013/>
- HRM-PR-010: Working with Children Check – Blue Cards
<http://education.qld.gov.au/strategic/eppr/hr/hrmpr010/>
- HLS-PR-006: Managing Occupational Risks with Chemicals
<http://education.qld.gov.au/strategic/eppr/health/hlspr006/hs16.pdf>
- Queensland School Sport Unit
www.schoolsport.qld.edu.au
- Get Active Queensland Accreditation Program
<http://www.sportrec.qld.gov.au/CommunityPrograms/Schoolcommunity/GetActiveQueenslandAccreditationProgram/Courseinformation.aspx>
- Queensland Rugby
<http://www.qru.com.au/>
- Australian Rugby Union
<http://www.rugby.com.au/>

Further information

For further information on incorporating risk management strategies into curriculum activity planning refer to [HLS-PR-012 Managing Risks in Curriculum Activities](#) and the associated list of [Curriculum Activity Risk Assessment Guidelines](#). (See: <http://education.qld.gov.au/strategic/eppr/health/hlspr012/index1.html>)

For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.