# Curriculum activity risk assessment

## **Hockey**

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### Activity scope

This document relates to student participation in Hockey as a curriculum activity including the teaching of hockey skills, team training and competition matches conducted by schools.

This document does not relate to student participation in other lead-up games, including Minkey or Hook In 2 Hockey.

#### Risk level

The actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:



- What will the students be doing?
- What will the students be using?



- Where will the students be?
- Who will be leading the activity?

Inherent risk level			ent risk level	Action required / approval					
	<b>√</b>	Medium	Some chance of an incident and injury requiring first aid	<ul> <li>☑ Record controls in your planning documents and/or complete this Curriculum Activity Risk Assessment.</li> <li>☑ Consider obtaining parental permission.</li> </ul>					

Teachers/leaders: Matthew Hughes		
Activity description: BDSSS Afternoon School Sport M	ixed Hockey competition	
Start date: 01/08/2018	Finish date: 18/09/2018	No of students (approx.): 60
Class groups: Open Age		Supervision ratio (approx.): 1:12



Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information regarding the additional or alternate controls to be implemented for the safe conduct of the activity.

Minimum supervision						
Adequate adult supervision is to be provided In determining what is adequate, consider the number of students, their individual needs, and the nature of the activity.						
If an adult other than a registered teacher is engaged for instruction, a teacher should be present to take overall responsibility. Blue Card requirements <b>must</b> be adhered to.						
Registered teacher with minimum qualifications as outlined below <b>OR</b>						
An adult with minimum qualifications as outlined below, in the presence of a registered teacher						
Further information:						
Minimum qualifications						
The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.						
Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel.						
✓ Blue Card requirements met						
Medium – Some chance of an incident and injury requiring first aid						
For a registered teacher:						
Competence (demonstrated ability/experience to undertake the activity) in the teaching of hockey and ideally Get Active Queensland Hockey Coaching Accreditation.						
OR						
For a leader other than a registered teacher:  Beginner coach qualifications from Hockey Australia or Get Active Queensland Hockey Coaching Course						
OR						
A teacher could demonstrate their competency to conduct an activity to the person approving the Curriculum Activity Risk Assessment through their:						
knowledge of the activity and the associated hazards and risks						
experience (i.e. previous involvement) in undertaking the activity						
demonstrated ability and/or expertise to undertake the activity						
possession of qualifications related to the activity.						
Further information:						

Minimum equipment/facilities If 'No' is ticked, provide further information.	Yes	No
First aid kit suitable for activity	<b>✓</b>	
Communication system:	senger	
Sun safety equipment (hat, sunscreen, shirt etc)	<b>√</b>	
Drinking water (students should not share drinking containers)	<u> </u>	$\dashv$
Wherever possible, fields should be orientated as close as possible to north-south	<u>▼</u>	$\dashv$
The playing surface must continue (to create 'run-off' areas) for a minimum of two metres at the back-lines and one metre at the side-lines with an additional unobstructed one metre in each case (that is, a total of three metres at the ends and two metres at the sides of the field). These are minimum requirements with the respective recommended areas being three plus two metres and one plus three metres (that is, a total of five metres at the ends and four metres at the sides of the field). International Hockey Federation Field and Equipment Specifications	<u>√</u>	
On natural grass fields, the goal posts are usually fixed into sockets of some sort. However, on synthetic turf this is not recommended. Instead, the complete goal structure should be placed in position on the playing surface and should be sufficiently heavy and/or secured at its rear to avoid easy movement.	<b>✓</b>	
The inside surface of metal backboards must be covered with a shock-absorbing material such as thick rubber sheeting, which greatly reduces ball rebound. It is dangerous to players if the ball rebounds at speed from the backboard.	<b>✓</b>	
Hockey goals must comply with the requirements of the Rules of Hockey, European Normation: EN750. International Hockey Federation Pitch Furniture	<b>✓</b>	
Goals should be constructed from steel or heavy-duty aluminium which is more commonly used. (Do not use lightweight aluminium). Aluminium should be sufficiently heavy to avoid movement of the structure. The internal cross-section of aluminium posts and cross-bars should be reinforced to avoid denting and splintering on impact. Reinforcement should preferably be of the same material and manufactured as an integral part of the cross section. Reinforcement with wood is not recommended because the timber may rot.		
The goals should not have any additional fittings that could cause danger to players.	<b>✓</b>	
Players must wear shin guards. Mouth guards are recommended.	<	
Goalkeepers must wear protective equipment comprising of (at least) headgear (i.e. helmet with face mask, throat protector), leg guards, kickers, leg pads, foot pads, chest protector, 'box' (male) and gloves. Goalkeeper protective equipment is described in the <a href="International Hockey Federation Rules of Hockey">International Hockey Federation Rules of Hockey</a> .	<b>✓</b>	
Further information: In addition to the control above regarding protective equipment, mouth guards are mandatory un parent/guardian gives written permission for a player to not wear a mouth guard. A copy of this p to be kept by the team official.  As an additional safety measure, the short corner rules have been modified as per the competition	ermission	letter is

Governing bodies/associations If 'No' is ticked, provide further information.	Yes	No
Guidelines/codes of practice are established for this activity.	$\checkmark$	
See International Hockey Federation		
Have these been considered during the planning of this activity?		
If you are organising competitions or other events, have you referred to Queensland School Sport Unit?		<b>✓</b>
Further information:		
Further information:		

### Hazards and suggested control measures

All persons engaging in this activity should:

- · identify the hazards. including any additional hazards not mentioned here
- · assess their significance
- manage the potential risks.

Listed below are indicative hazards/risks and suggested control measures. They are by no means exhaustive lists. After checking these, add details of any other identified hazards/risks and additional controls you intend to implement.

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
Biological Material  Body fluids (e.g. blood, saliva, sweat)	Comply with Infection Control Guideline.     Students with open cuts and abrasions are to be removed from the activity and treated immediately. If bleeding cannot be controlled completely, the participant should not be allowed to return to the activity. All clothing, equipment and surfaces contaminated by blood should be treated as potentially infectious.  Have sufficient and suitable containment material (bandages etc.) readily available.	✓		As per Bundaberg Hockey Association rules, no player with blood on themselves or on their clothing may take part in the game.
Environmental Conditions	Assess weather conditions before and during activity (e.g. temperature, storms).	<b>✓</b>		

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
Temperature     Weather conditions     Playing field and surrounds	Assess suitability of playing field (e.g. level, debris, potholes/divots in ground, line markers, corner flags, buildings, pedestrian traffic and other activities) before and during activity. Please note that if field is wet, special care should be taken when hitting ball to prevent dangerous undercutting.	<b>V</b>		
	Note that it is recommended that every synthetic hockey pitch is surrounded by a barrier.	<b>√</b>		Already in place
	Consider erecting a safety screen of chain-link mesh behind each goal, the location where balls are most likely to leave the playing area, often at speed. Spectators seated or standing near or behind a goal are clearly in danger of being injured by a ball travelling at high speed.	<b>✓</b>		
<ul><li>Equipment</li><li>Balls</li><li>Nets/goals</li><li>Sticks</li></ul>	Check all equipment for damage, wear and tear, splintering and rough edges before play, and remove where necessary.	<b>✓</b>		Checking of playing equipment at start of game
International Hockey Federation	Ensure that the method of fixing nets to the goal-posts and crossbar is secure and safe. Metal cup-hooks should not be used and any spring hooks should have screw caps.	<b>✓</b>		
	Use a single ball during goalkeeper practice.	<b>√</b>		
	Retrieve balls simultaneously when using several balls during practice sessions.	<b>✓</b>		
Physical Exertion • Strains	Have appropriate warm-up and warm-down activities.	<b>√</b>		
• Sprains	Follow progressive and sequential skills development.	<b>√</b>		
<ul> <li>Exhaustion and fatigue</li> </ul>	Have ice packs available.	<b>√</b>		A duty team will provide ice every week
	Continuously monitor students for signs of fatigue and exhaustion.	<b>✓</b>		
	Adhere to modified rules where appropriate (Minkey, Hook In 2 Hockey etc. available from Hockey Australia [registration necessary]).		<b>✓</b>	As per association rules and by-laws

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls		
Students	Obtain parental permission, including relevant medical information.	<b>✓</b>		Coaches are required to collect medical information about their players.		
<ul><li>Medical conditions</li><li>Student numbers</li></ul>	When students with medical conditions are involved, ensure that relevant medical/emergency plans and medications are readily available (insulin, Ventolin, Epipen, etc.)	<b>✓</b>				
	Refer to Individual education plan/Educational adjustment plan/Behaviour management plan and other student documents.			Only if special education students are involved		
	Where necessary, obtain advice from relevant advisory visiting teachers or specialist teachers.					
	Ensure there is adequate adult supervision.	<b>√</b>				
		1				
Additional cont		and con	nditions	in which you are conducting your activity.		
Hazards/risks	(	Contro	l meas	sures		
Submitted by: Matthew Hughes Date: 20/07/2018						
	new Hughes use who were involved in the preparation	on of th	is risk s			
Matthew Hughes						

Approval					
Appro	oved as submitted:				
Appro	oved with the following condition(s):				
Not a	pproved for the following reason(s):				
Ву:		Designation:			
Signed:		Date:			
Once approved Activity Regis	d, activity details should be entered into the ster by administrative staff.	School Curriculum	Reference No	).	
Monitor an	d review To be completed during and/o	or after the activity and/o	r at the	Yes	No
	measures still effective?				
	en any changes?				
Are further act	ons requirea?				
Details.					

#### Important links

- SCM-PR-002: School Excursions http://education.qld.gov.au/strategic/eppr/schools/scmpr002/
- HLS-PR-003: First Aid http://education.qld.gov.au/strategic/eppr/health/hlspr003/
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions http://education.qld.gov.au/strategic/eppr/health/hlspr004/
- Infection Control Guideline: http://education.qld.gov.au/health/pdfs/healthsafety/infection\_control\_guideline.pdf
- HLS-PR-005: Health and Safety Incident Reporting and Notification http://education.qld.gov.au/strategic/eppr/health/hlspr005/
- HLS-PR-013: Developing a Sun Safety Strategy <a href="http://education.qld.gov.au/strategic/eppr/health/hlspr013/">http://education.qld.gov.au/strategic/eppr/health/hlspr013/</a>
- HRM-PR-010: Working with Children Check Blue Cards http://education.qld.gov.au/strategic/eppr/hr/hrmpr010/
- HLS-PR-006: Managing Occupational Risks with Chemicals http://education.qld.gov.au/strategic/eppr/health/hlspr006/hs16.pdf
- Queensland School Sport Unit www.schoolsport.qld.edu.au
- Get Active Queensland Accreditation Program
   http://www.sportrec.qld.gov.au/CommunityPrograms/Schoolcommunity/GetActiveQueenslandAccreditation

   Program/Courseinformation.aspx
- Hockey Australia Constitution and Policy http://www.hockey.org.au/index.php?id=59
- Hockey Australia Junior Policy http://www.hockey.org.au/fileadmin/user\_upload/Game\_Development/GD\_Policies/HAJHPcopy\_final.pdf
- International Hockey Federation
   http://www.sportcentric.com/vsite/vorg/page/home/0,10822,1181-18543-19693-28358-108316-custom-item,00.html

#### **Further information**

For further information on incorporating risk management strategies into curriculum activity planning refer to <a href="https://example.com/HLS-PR-012">HLS-PR-012</a> Managing Risks in Curriculum Activities and the associated list of <a href="https://example.com/Curriculum Activity Risk">Curriculum Activity Risk</a> <a href="https://example.com/Assessment Guidelines">Assessment Guidelines</a>. (See: <a href="http://education.qld.gov.au/strategic/eppr/health/hlspr012/index1.html">https://education.qld.gov.au/strategic/eppr/health/hlspr012/index1.html</a>).

For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.

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