

# Catholic Education CURRICULUM ACTIVITY RISK ASSESSMENT

<b>School/College</b>	BDSSS		
<b>Curriculum Activity</b> <small>(Attach the EQ Activity Guidelines to this document)</small>	BDSSS Rugby Union trials		
<b>Risk Level</b>	Moderate		
<b>Details of Activity</b>	15yrs Boys Rugby Union students to trial for Bundaberg selection.		
<b>Teachers / Leaders of Activity</b>	Len Kirchner		
<b>Year Levels Involved</b>	14-15 Yr Boys		
<b>Start Date</b>	20/02 /2020	<b>End Date</b>	20 /02/2020
<b>Approximate Supervision Ratio</b>	1:10		
<b>Venue</b>	St Luke's Anglican School		
<b>Minimum supervision requirements met</b> <small>(as per Education Queensland Curriculum Activity Risk Management Guideline)</small>	<input checked="" type="checkbox"/> Yes		<input type="checkbox"/> No
<b>A registered teacher will be present to take overall control</b>	<input checked="" type="checkbox"/> Yes		<input type="checkbox"/> No
<b>Minimum qualification requirements met</b> <small>(as per Education Queensland Curriculum Activity Risk Management Guideline)</small>	<input checked="" type="checkbox"/> Yes		<input type="checkbox"/> No
<b>Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel</b>	<input checked="" type="checkbox"/> Yes		<input type="checkbox"/> No
<b>Blue Card requirements met</b>	<input checked="" type="checkbox"/> Yes		<input type="checkbox"/> No
<b>Minimum Equipment / Facilities Requirements met</b> <small>(as per Education Queensland Curriculum Activity Risk Management Guideline)</small>	<input checked="" type="checkbox"/> Yes		<input type="checkbox"/> No
<b>If NO for any of the above, risk will be managed through the following</b>			
<b>Suggested control measures have been met</b> <small>(as per Education Queensland Curriculum Activity Risk Management Guideline)</small>	<input checked="" type="checkbox"/> Yes		<input type="checkbox"/> No
<b>If NO, risk will be managed through the following</b>			
<b>Is parental permission required for this activity?</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<b>If YES has it been gained?</b>	<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
<b>Extra Information</b>	Student will submit Parental Permission Forms at trials.		
<b>Submitted by</b>	Len Kirchner	<b>Date</b>	04/02/2020

<b>APPROVAL</b>	
<input type="checkbox"/>	Approved as submitted
<input type="checkbox"/>	Approved with the following condition(s)
<input type="checkbox"/>	Not approved for the following reason(s)
By:	Designation:
Signed:	Date:     /     /

Teachers / Leaders of this activity who have been trained in these procedures and read the relevant Education Queensland Activity Guidelines.	

<b>Monitor and Review</b>			
Are the control measures still effective?		<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have there been any changes?		<input type="checkbox"/> Yes	<input type="checkbox"/> No
Are further actions required?		<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>Details:</b>           			
Completed By		Date	/   /

# Rugby union

The planning considerations that are common to all curriculum activities can be found in the [CARA generic template](#). These must be considered as well as the activity-specific considerations outlined below.

## Activity scope

This guideline relates to student participation in rugby union as a curriculum activity, including skills development, training and competitions.

## Mandatory requirements

*Mandatory requirements must be met for the activity to be conducted.*

- Refer to [Rugby AU](#) for guidelines.
- Where the rules and procedures of a rugby union competition impose additional or more stringent safety requirements than are listed, then those competition rules and procedures must take precedence.
- [Approved modified forms](#) of the game must be used for younger age-groups (determined by the qualified coach) due to the nature of rugby union making it unsuitable for very young students.
- Students must wear a mouthguard when participating in rugby union. The Department strongly recommends that students wear custom-fitted mouthguards. Schools are required to provide information about the different types of mouthguards to parents/carers to assist them make an informed choice for the student, for example, see the [Sport Medicine Australia - Dental Injuries](#) and the [Australian Dental Association](#) recommendations.
- Obtain parent/carer consent as part of the medical questionnaire/declaration required for participation in rugby union. The medical questionnaire/declaration must include the following statement:  
*I understand that mouth protection is mandatory in this sport. I have read the information provided to me about mouth protection and accept responsibility for the type of mouth protection I/my child will wear whilst playing this sport.*  
 (Note: Students with a medical condition that may impact on their safety during participation in this activity must be cleared by a medical practitioner to participate in the activity).
- Establish and implement procedures for emergencies such as injury (e.g. [head injuries](#)) and first aid, resuscitation, communication, emergency service contact details and supervision/safety detail of students that are appropriate to the activity, location and conditions.
- Induct students on emergency procedures, safety procedures and correct technique (e.g. tackling).
- Follow the school's [sun safety strategy](#).
- Refer to the [School Excursions and International School Study Tours](#) for mandatory travel requirements that may be associated with this activity when playing off site.

## Risk level

**Medium risk:** Teaching of [approved modified forms](#) of rugby union or skills development where there is no risk of oppositional contact.

**High risk:** Teaching of rugby union skills, training and competitions.

## Supervision requirements

- Provide sufficient adult supervision to manage the activity safely (including emergency situations). Consider age, size, ability and maturity of students in this decision. Principals make decisions about the supervision requirements.
- Ensure supervisors are visible and easily identified and that all students are in sight of at least one adult at all times.



- During competition, a qualified first aid officer with cardio pulmonary resuscitation (CPR)/sports trainer should be readily accessible to the field(s) of play to provide immediate first aid assistance. There must be phone access to call an ambulance if required.
- Competition games must be controlled by competent coaches and officials. A referee who is currently a student of a participating school should not be appointed to referee an unmodified game.

### **Qualifications for supervisors**

#### *All risk levels*

All coaches and referees must have successfully completed the Smart Rugby safety course provided through Queensland Rugby.

#### *Medium risk level*

- A registered teacher, or adult supervisor working under the direct supervision of a registered teacher, with successful completion of the Coaching Kids Rugby course or Foundation Course provided by Queensland Rugby.

#### *High risk level*

- A registered teacher, or adult supervisor working under the direct supervision of a registered teacher, with Level 1 Coach Accreditation through Queensland Rugby.
- A referee with accreditation as a Level 1 Referee through Queensland Rugby working under the direct supervision of a registered teacher.

### **Requirements for facilities and equipment**

- Readily available first aid equipment and consumable items (e.g. heat pack, ice pack) appropriate to the location and level of risk.
- Wear personal protective equipment (including footwear) appropriate to the playing surface and type of activity. It is recommended students wear body padding and headgear for full contact games appropriate to the age of participants. Shoulder pads must be World Rugby approved.
- Clearly define playing area and establish a safety/spectator zone.
- Ensure there is padding on all goal posts.
- Corner flags and other markers made of non-injurious material.

## Hazards and controls

### *Before the activity*

Hazards	Control measures
Considering environmental conditions	Assess weather ( <a href="#">Bureau of Meteorology</a> ) and environmental conditions.
Accessing facilities and using equipment	<ul style="list-style-type: none"> <li>• Check all equipment for damage before and during use.</li> <li>• Ensure the safety zone is in place. If the minimum safety zone cannot be met, provide instructions to the officials/supervisors and students about the limited clearance zone and the steps they could take to ensure safety, including the following:               <ul style="list-style-type: none"> <li>- reduce the size of the playing field to achieve an adequate clearance zone;</li> <li>- remove spectators/dangerous obstacles within the clearance zone;</li> <li>- station supervisors near any obstacles within the clearance zone;</li> <li>- pad any obstacles located within the clearance zone.</li> </ul> </li> <li>• Inspect boots before each match. Loose, sharp-edged or excessively worn studs and sharp-edged soles must not be worn.</li> </ul>
Managing student considerations	<ul style="list-style-type: none"> <li>• Ensure a player does not participate in an age grade competition more than two years above their age as at 1 January in the year which the competition is run. Refer to <a href="#">Rugby AU</a> (ARU) for exemptions.</li> <li>• If one or more students are wearing footwear, ensure all students have footwear.</li> <li>• Select students for on field positions on the basis of ability, size and suitability.</li> </ul>

### *During the activity*

Considering environmental conditions	<ul style="list-style-type: none"> <li>• Cease the activity if the weather is unfavourable (e.g. extreme temperatures, thunderstorms).</li> </ul>
Accessing facilities and using equipment	<ul style="list-style-type: none"> <li>• Continually monitor and enforce the correct use of all equipment.</li> </ul>
Managing student considerations	<ul style="list-style-type: none"> <li>• Monitor students for signs of fatigue and illness.</li> <li>• Uphold the rules regarding physical contact to prevent rough play.</li> <li>• Ensure students do not return to play after injury until it is clear that the injury has been managed according to established procedures. If there is any doubt, the student should not play until medically cleared.</li> <li>• Ensure drink breaks occur regularly (i.e. drink breaks are recommended every 30 minutes in conditions of extreme temperature) and drinks are available for individual players between drink breaks.</li> <li>• Remove accessories (e.g. jewellery) before participating.</li> <li>• Ensure fingernails, hair and clothing do not interfere with the activity.</li> </ul>

### *After the activity*

Accessing facilities and using equipment	<ul style="list-style-type: none"> <li>• Clean and store all equipment safely and securely when not in use.</li> </ul>
--	--

## Additional links

[Queensland School Sport Unit](#)

[Sports Medicine Australia Injury Fact Sheets](#)

[Sports Medicine Australia Hot Weather Guideline](#)

[Player Welfare- Concussions](#)

[Australian Dental Association](#)

**Disclaimer:**

This document is developed and distributed on this website by the State of Queensland for use by Queensland state schools.

Use or adaptation of, or reliance on, this document or information in this document by persons or organisations other than the State of Queensland is at their sole risk. All users who use, adapt or rely on this document or any information in this document are responsible for ensuring by independent verification its accuracy, currency and appropriateness to their particular circumstances. The State of Queensland makes no representations, either express or implied, as to the suitability of this document or the information in this document to a user's particular circumstances.

To the full extent permitted by law, the State of Queensland disclaims all responsibility and liability (including without limitation, liability in negligence) for all expenses, losses, damages and costs arising from the use or adaptation of, or reliance on, this document or any information in this document.

Links in this document to external websites are for convenience only and the State of Queensland has not independently verified the information on the linked websites. It is the responsibility of users to make their own decisions about the accuracy, currency, reliability and correctness of the information at these external websites.