# Curriculum activity risk assessment

# Football (Soccer)



## Activity scope

This document relates to student participation in Football (Soccer) as a curriculum activity including the teaching of football skills, team training and competition matches conducted by schools.

#### Risk level

The actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:



- Which students will be involved?
- What will the students be doing?
- ....g.

What will the students be using?

- Where will the students be?
- Who will be leading the activity?
- Inherent risk level

  Some chance of an incident and injury requiring first aid.

  Action required / approval

  Record controls in planning documents and/or complete this Curriculum Activity Risk Assessment.

  Consider obtaining parental permission.

| Teachers/leaders:     |              |                              |
|-----------------------|--------------|------------------------------|
| Activity description: |              |                              |
|                       |              |                              |
|                       |              |                              |
|                       |              |                              |
| Start date:           | Finish date: | No of students (approx.):    |
| Class groups:         |              | Supervision ratio (approx.): |



Uncontrolled copy. Refer to HLS-PR-012: Curriculum Activity Risk Management

at http://education.gld.gov.au/strategic/eppr/health/hlspr012/ for master.

Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information regarding the additional or alternate controls to be implemented for the safe conduct of the activity.

| Minimum supervision                                                                                                                                                                     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Adequate adult supervision is to be provided. In determining what is adequate, consider the number of students, their individual needs, and the nature of the activity.                 |
| If an adult other than a registered teacher is engaged for instruction, a teacher should be present to take overall responsibility. Blue Card requirements <b>must</b> be adhered to.   |
| Registered teacher with minimum qualifications as outlined below  OR                                                                                                                    |
| An adult with minimum qualifications as outlined below, in the presence of a registered teacher                                                                                         |
| Further information:                                                                                                                                                                    |
|                                                                                                                                                                                         |
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|                                                                                                                                                                                         |
| Minimum qualifications                                                                                                                                                                  |
| The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed. |
| Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel.                                 |
| Blue Card requirements met                                                                                                                                                              |
| Medium — Some chance of an incident and injury requiring first aid                                                                                                                      |
| For a registered teacher:                                                                                                                                                               |
| A Junior Licence from Football Federation Australia                                                                                                                                     |
| OR  Competence (demonstrated ability/experience to undertake the activity) in the teaching of football (soccer)                                                                         |
|                                                                                                                                                                                         |
| A teacher could demonstrate their competency to conduct an activity to the person approving the Curriculum Activity Risk Assessment through their:                                      |
| knowledge of the activity and the associated hazards and risks                                                                                                                          |
| experience (i.e. previous involvement) in undertaking the activity                                                                                                                      |
| demonstrated ability and/or expertise to undertake the activity                                                                                                                         |
| possession of qualifications related to the activity.                                                                                                                                   |
| For a load on other than a namintaned to sale an                                                                                                                                        |
| For a leader other than a registered teacher:  A Junior Licence from Football Federation Australia                                                                                      |
|                                                                                                                                                                                         |
| Further information:                                                                                                                                                                    |
|                                                                                                                                                                                         |
|                                                                                                                                                                                         |

| Minimum equipment/facilities If 'No' is ticked, provide further information.                                                     | Yes                                                                                                                                                                                            | No    |  |  |  |  |
|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|--|--|--|--|
| First aid kit suitable for activity.                                                                                             |                                                                                                                                                                                                |       |  |  |  |  |
| Communication system: phone-line at location mobile phone                                                                        |                                                                                                                                                                                                |       |  |  |  |  |
| walkie talkies/UHF Radio  student/adult messenger                                                                                |                                                                                                                                                                                                |       |  |  |  |  |
| Other:                                                                                                                           | T                                                                                                                                                                                              | T     |  |  |  |  |
| Sun safety equipment (hat, sunscreen, shirt etc)                                                                                 |                                                                                                                                                                                                |       |  |  |  |  |
| Drinking water (students should not share drinking containers)                                                                   |                                                                                                                                                                                                |       |  |  |  |  |
| Shin guards for all players when playing. Shin guards <b>must</b> be covered entirely by the stockings (long socks). (FIFA rule) |                                                                                                                                                                                                |       |  |  |  |  |
| Minimum clearance of 3m surrounding each field                                                                                   |                                                                                                                                                                                                |       |  |  |  |  |
| Some suggested alternate controls where minimum boundary clearance is not met:                                                   |                                                                                                                                                                                                |       |  |  |  |  |
| Reduce the size of the playing field to achieve an adequate clearance zone                                                       |                                                                                                                                                                                                |       |  |  |  |  |
| Remove spectators/dangerous obstacles within the clearance zone                                                                  |                                                                                                                                                                                                |       |  |  |  |  |
| Provide instructions to the official/supervisors and players about the limited clearance zo                                      | one                                                                                                                                                                                            |       |  |  |  |  |
| Station supervisors near any obstacles within the clearance zone.                                                                |                                                                                                                                                                                                |       |  |  |  |  |
| Portable Goals Standards Australia Handbook (HB227-2203):                                                                        |                                                                                                                                                                                                |       |  |  |  |  |
| No 'home-made' versions of these items as they may not be structurally sound or have points.                                     | sufficient a                                                                                                                                                                                   | nchor |  |  |  |  |
|                                                                                                                                  | Securely anchor/counterweight Portable Soccer Goalposts (PSGs) at all times in accordance with the manufacturer's instructions. Unanchored goals can tip over causing serious injury or death. |       |  |  |  |  |
| ☐ Net pegs should only be used to secure the net, not to anchor the goal structure.                                              |                                                                                                                                                                                                |       |  |  |  |  |
| ☐ Never allow anyone to climb or hang from the netting or goal framework.                                                        |                                                                                                                                                                                                |       |  |  |  |  |
| ☐ Instruct all appropriate personnel on the safe handling of, and potential dangers associated with, PSGs.                       |                                                                                                                                                                                                |       |  |  |  |  |
| Structural integrity and proper connecting hardware should be checked before every use maintenance ensured.                      | e and ongo                                                                                                                                                                                     | oing  |  |  |  |  |
| PSGs should be safely stored to prevent unauthorised use/access and potential injuries.                                          |                                                                                                                                                                                                |       |  |  |  |  |
| Safety warnings should be either in the form of a label or painted on the goal frame                                             |                                                                                                                                                                                                |       |  |  |  |  |
| e.g. 'WARNING – ALWAYS ANCHOR GOAL – NEVER CLIMB ON GOAL OR HANG                                                                 | ON CROS                                                                                                                                                                                        | SBAR' |  |  |  |  |
| Further information:                                                                                                             |                                                                                                                                                                                                |       |  |  |  |  |
|                                                                                                                                  |                                                                                                                                                                                                |       |  |  |  |  |
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| Governing bodies/associations If 'No' is ticked, provide further information.                                                                                                                                                                                                                                                                                                                                                                                                                   | Yes | No |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|
| Guidelines/codes of practice are established for this activity. Safety rules of the sport by the governing body Football Federation Australia should be applied, and should take precedence unless additional rules put in place by the Department of Education and Training exceed those of the sport governing body. (See <a href="Football Federation Australia">Football Federation Australia</a> (FFA) and <a href="Football Federation Australia">Football Federation Australia</a> (PFA) |     |    |
| Have these been considered during the planning of this activity?                                                                                                                                                                                                                                                                                                                                                                                                                                |     |    |
| If you are organising competitions or other events, have you referred to<br>Queensland School Sport Unit?                                                                                                                                                                                                                                                                                                                                                                                       |     |    |
| Further information:                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |     |    |

# Hazards and suggested control measures

All persons engaging in this activity should:

- identify the hazards, including any additional hazards not mentioned here
- assess their significance
- manage the potential risks.

Listed below are indicative hazards/risks and suggested control measures. They are by no means exhaustive lists. After checking these, add details of any other identified hazards/risks and additional controls you intend to implement.

| Hazards/risks                                                | Control measures                                                                                             | Yes | No | Implementation plan / Additional controls |
|--------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|-----|----|-------------------------------------------|
| Biological material  Body fluids (e.g. blood, saliva, sweat) | Have sufficient and suitable containment material (bandages etc.) readily available.                         |     |    |                                           |
|                                                              | Ensure that students do not<br>share personal equipment such<br>as mouthguards, towels and<br>drink bottles. |     |    |                                           |

| Hazards/risks                                                                                     | Control measures                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Yes | No | Implementation plan / Additional controls |
|---------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|-------------------------------------------|
|                                                                                                   | Comply with Infection Control Guideline.     Students with open cuts and abrasions are to be removed from the activity and treated immediately. If bleeding cannot be controlled completely, the participant should not be allowed to return to the activity. All clothing, equipment and surfaces contaminated by blood should be treated as potentially infectious.     Contaminated clothing must be removed (and replaced) by the player before the player rejoins the game. |     |    |                                           |
| <ul><li>Environmental conditions</li><li>Weather</li><li>Surfaces</li></ul>                       | Assess suitability of playing field (level, debris, potholes/divots in ground, line markers, sprinkler heads, etc.)                                                                                                                                                                                                                                                                                                                                                              |     |    |                                           |
| <ul><li>Sprinkler heads</li><li>Surrounds</li></ul>                                               | Site activities away from buildings, pedestrians and traffic.                                                                                                                                                                                                                                                                                                                                                                                                                    |     |    |                                           |
| • Surrounds                                                                                       | Assess weather conditions<br>before and during activity<br>(temperature, storms etc.)                                                                                                                                                                                                                                                                                                                                                                                            |     |    |                                           |
| Physical contact                                                                                  | Cut or tape long fingernails.                                                                                                                                                                                                                                                                                                                                                                                                                                                    |     |    |                                           |
| <ul><li>Collisions</li><li>Breaks/sprains</li><li>Cuts, grazes<br/>and/or<br/>abrasions</li></ul> | Ensure that all items of jewellery (watches, necklaces, rings, earrings, leather bands, rubber bands, studs etc) are removed. Taping is not acceptable (Mandatory FIFA RULE).                                                                                                                                                                                                                                                                                                    |     |    |                                           |
|                                                                                                   | Ensure that match footballs are sized according to the age of the players: (10yrs-13yrs size 4, 14yrs and older size 5). Footballs that have lifted panels, protruding inflation points, loose or broken stitching, out of shape, should be discarded.                                                                                                                                                                                                                           |     |    |                                           |
|                                                                                                   | Note that it is recommended<br>that mouthguards should be<br>worn for playing and practising.                                                                                                                                                                                                                                                                                                                                                                                    |     |    |                                           |
|                                                                                                   | Note that game equipment,<br>should comply with age<br>standard levels appropriate to<br>the laws of the game (e.g.<br>footballs, goals for small-sided<br>games).                                                                                                                                                                                                                                                                                                               |     |    |                                           |

| Hazards/risks                                           | Control measures                                                                                                                                                                                                                                                                                                | Yes | No | Implementation plan / |
|---------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|-----------------------|
| i iazai us/i isks                                       | Control measures                                                                                                                                                                                                                                                                                                | 163 | 10 | Additional controls   |
|                                                         | Note that players wearing any form of stiff /solid fracture/sprain casts <b>must</b> remove them before playing. The casts are NOT to be covered by foam or any other soft protective material.                                                                                                                 |     |    |                       |
|                                                         | If spectacles need to be worn during matches and training sessions, make sure they have plastic frames and plastic lenses. A band should also hold the spectacles on securely.                                                                                                                                  |     |    |                       |
|                                                         | Ensure that when playing, all players wear footwear.     Footwear is to be suitable for running and for kicking a football.     Please note that footwear sold in shops suitable for playing football includes boots/shoes with moulded studded soles, screw in studs (metal or plastic), 'blades' and dimples. |     |    |                       |
|                                                         | Ensure that boots or shoes are inspected before each match. Boots or shoes with loose, sharp-edged or excessively worn studs and sharp-edged soles should not be worn. If the footwear has tags, the tags must be checked to ensure that:                                                                       |     |    |                       |
| Physical exertion     Strains and sprains               | Cover rules, safety procedures<br>and prerequisite skills before<br>students play the game.                                                                                                                                                                                                                     |     |    |                       |
| <ul><li>Cramps</li><li>Exhaustion and fatigue</li></ul> | Follow progressive and sequential skill development.                                                                                                                                                                                                                                                            |     |    |                       |

| Hazards/risks                                                                                       | Control measures                                                                                                                                                                                                                                   | Yes | No | Implementation plan / Additional controls |
|-----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|-------------------------------------------|
| Organised game times                                                                                | Have appropriate warm-up and warm-down activities.                                                                                                                                                                                                 |     |    |                                           |
|                                                                                                     | Note that it is recommended that fixtured game times should comply with FFA/Football Queensland recommendations:  10-12yrs, a maximum 25 minutes per half, 5 minutes (or more) half time break  13yrs-max 30min per half, 5 minutes (or more) half |     |    |                                           |
|                                                                                                     | time break o 14yrs-max 35min per half, 5 minutes (or more) half time break o 15yrs-max 40min per half,                                                                                                                                             |     |    |                                           |
|                                                                                                     | 5 minutes (or more) half time break  o 16yrs or more, max 45min per half. 10minutes (or more) break.                                                                                                                                               |     |    |                                           |
|                                                                                                     | Modify games to match the skill and fitness levels of students.                                                                                                                                                                                    |     |    |                                           |
| Students  • Student numbers                                                                         | Obtain parental permission,<br>including relevant medical<br>information                                                                                                                                                                           |     |    |                                           |
| <ul> <li>Special needs</li> <li>High risk<br/>behaviours</li> <li>Medical<br/>conditions</li> </ul> | When students with medical conditions are involved, ensure that relevant medical/ emergency plans and medications are readily available. (i.e. insulin, Ventolin, Epipen, etc.)                                                                    |     |    |                                           |
|                                                                                                     | Refer to Individual Education     Plan/Educational Adjustment     Plan/Behaviour Management     Plan and other student     documents.                                                                                                              |     |    |                                           |
|                                                                                                     | Where necessary, obtain<br>advice from relevant Advisory<br>Visiting Teachers or Specialist<br>Teachers.                                                                                                                                           |     |    |                                           |
|                                                                                                     | Ensure there is adequate adult supervision.                                                                                                                                                                                                        |     |    |                                           |
|                                                                                                     | If there is reason to believe that<br>a student is injured, remove the<br>student from the field of play                                                                                                                                           |     |    |                                           |

| Hazards/risks        | Control measures                                                                                                                                                                       | Yes        | No        |            | mplementation plan / Additional controls |
|----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|-----------|------------|------------------------------------------|
|                      | Ensure that students do not return to playing after an injury until it is clear that the injury has healed. If there is any doubt, the student should not play until medically cleared |            |           |            | Additional controls                      |
| Additional cor       | ntrol measures                                                                                                                                                                         |            |           |            |                                          |
|                      | to the specific student needs, location                                                                                                                                                | and con    | nditions  | in which y | ou are conducting your activity.         |
| Hazards/risks        | •                                                                                                                                                                                      | Contro     |           |            | <u> </u>                                 |
|                      |                                                                                                                                                                                        |            |           |            |                                          |
| Cubmitted by         |                                                                                                                                                                                        |            |           |            | Data                                     |
| Submitted by:        |                                                                                                                                                                                        |            |           |            | Date:                                    |
| List the names of tr | nose who were involved in the preparat                                                                                                                                                 | tion of th | IS FISK 2 | assessmei  | nt.                                      |
|                      |                                                                                                                                                                                        |            |           |            |                                          |
| Approval             |                                                                                                                                                                                        |            |           |            |                                          |
| Approved             | as submitted:                                                                                                                                                                          |            |           |            |                                          |
| Approved             | with the following condition(s):                                                                                                                                                       |            |           |            |                                          |
| ☐ Not appro          | ved for the following reasons(s):                                                                                                                                                      |            |           |            |                                          |
| By:                  |                                                                                                                                                                                        | Design     | ation:    |            |                                          |
| Signed:              | GM En_                                                                                                                                                                                 | Date:      |           |            |                                          |
|                      | tivity details should be entered into the by administrative staff.                                                                                                                     | School     | Curric    | ulum       | Reference No.                            |

| Monitor and review To be completed during and/or after the activity and/or at the completion of the series of activities. | Yes | No |
|---------------------------------------------------------------------------------------------------------------------------|-----|----|
| Are the control measures still effective?                                                                                 |     |    |
| Have there been any changes?                                                                                              |     |    |
| Are further actions required?                                                                                             |     |    |
| Details:                                                                                                                  |     |    |
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### Important links

- SCM-PR-002: School Excursions http://education.qld.gov.au/strategic/eppr/schools/scmpr002/
- HLS-PR-003: First Aid <a href="http://education.qld.gov.au/strategic/eppr/health/hlspr003/">http://education.qld.gov.au/strategic/eppr/health/hlspr003/</a>
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions http://education.qld.gov.au/strategic/eppr/health/hlspr004/
- Infection Control Guideline http://education.qld.gov.au/health/pdfs/healthsafety/infection\_control\_guideline.pdf
- HLS-PR-005: Health and Safety Incident Recording and Notification http://education.gld.gov.au/strategic/eppr/health/hlspr005/
- HLS-PR-013: Developing a Sun Safety Strategy http://education.qld.gov.au/strategic/eppr/health/hlspr013/
- HRM-PR-010: Working with Children Check Blue Cards http://education.qld.gov.au/strategic/eppr/hr/hrmpr010/
- Queensland School Sport Unit www.schoolsport.qld.edu.au
- Get Active Queensland Accreditation Program <a href="http://www.sportrec.qld.gov.au/CommunityPrograms/Schoolcommunity/GetActiveQueenslandAccreditationPr">http://www.sportrec.qld.gov.au/CommunityPrograms/Schoolcommunity/GetActiveQueenslandAccreditationPr</a> ogram/Courseinformation.aspx
- Football Federation Australia <a href="http://www.footballaustralia.com.au/">http://www.footballaustralia.com.au/</a>
- FIFA <u>http://www.fifa.com/</u>
- Football Queensland http://www.footballqueensland.com.au/
- Football Queensland Accreditation Information http://footballcoachqld.com.au/index.php?display=cat&id=3
- Safety Alert Portable Soccer Goalposts
   http://education.qld.gov.au/health/pdfs/healthsafety/portable-soccer-goalposts.pdf
- Australian Standards Portable Soccer Goalposts http://www.saiglobal.com/PDFTemp/CustomizedDownload/hb227-2003.pdf

#### **Further information**

For further information on incorporating risk management strategies into curriculum activity planning refer to <a href="https://example.com/HLS-PR-012">HLS-PR-012</a> Managing Risks in Curriculum Activities and the associated list of <a href="https://example.com/Curriculum Activity Risk Assessment Guidelines">Curriculum Activity Risk Assessment Guidelines</a>. (See: <a href="https://education.qld.gov.au/strategic/eppr/health/hlspr012/index1.html">https://education.qld.gov.au/strategic/eppr/health/hlspr012/index1.html</a>)

For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.