Curriculum activity risk assessment

Volleyball (Indoor and Beach)



Activity scope

This document relates to student participation in Volleyball (Indoor and Beach) as a curriculum activity, including the teaching of volleyball skills, team training and competition matches conducted by schools.

This activity scope does not include modified versions such as Spikezone to develop the basic skills for volleyball.

Risk level

This document is a guideline, the actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:



- Timen stadente tim se inverteu.
- What will the students be doing?
- What will the students be using?



- Where will the students be?
- Who will be leading the activity?

Inherent risk level				Action required/approval			
	Medium	Corne charlos of all	V	Document controls in planning documents and/or complete this Curriculum Activity Risk Assessment.			
		requiring first aid.	\square	Consider obtaining parental/carer permission.			

Teachers/leaders:		
Activity description:		
Start date:	Finish date:	No. of students (approx):
Class groups:		Supervision ratio (approx):



Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information regarding the additional or alternate controls to be implemented for the safe conduct of the activity.

Minimum supervision						
Adequate adult supervision is to be provided. In determining what is adequate, consider the number of students, their individual needs, and the nature of the activity.						
If an adult other than a registered teacher is engaged for instruction, a teacher should be present to t responsibility. Blue Card requirements must be adhered to.	ake overall					
Registered teacher with minimum qualifications as outlined below OR						
An adult with minimum qualifications as outlined below, in the presence of a registered teacher.						
Further information:						
Minimum qualifications						
The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged training to raise their qualification level above the minimum listed.	to seek					
Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access facilities, including qualified personnel	to first aid					
Blue Card requirements met						
For a registered teacher:						
Get Active QLD Accreditation Volleyball Coaching course						
OR						
Level 1 coaching qualifications from the <u>Australian Volleyball Federation</u> OR						
Competence (demonstrated ability) in the teaching of indoor or beach volleyball.						
A teacher could demonstrate a reasonable level of competence by two or more of the following:						
knowledge of the activity and the associated hazards and risks						
experience (i.e. previous involvement) in undertaking the activity						
demonstrated ability and/or expertise to undertake the activity						
possession of qualifications related to the activity.						
For a leader other than a registered teacher:						
Get Active QLD Accreditation Volleyball Coaching course						
OR						
Level 1 coaching qualifications from the Australian Volleyball Federation.						
Further information:						

Minimum equipment/facilities If 'No' is ticked, provide further information.	Yes	No
First aid kit suitable for activity		
Communication system: phone-line at location walkie talkies/UHF Radio other: mobile phone student/adult mes	ssenger	
Sun safety equipment (hat, sunscreen, shirt, etc)		
Drinking water (students should not share drinking containers)		
Padding on posts and referee stands		
Facilities and equipment that adhere, as close as practicable, to Volleyball Queensland regulations		
Recommended 3 metre clearance surrounding each court		
Some suggested alternate controls where minimum boundary clearance is not met: reduce the size of the playing field to achieve an adequate clearance zone remove spectators/dangerous obstacles within the clearance zone provide instructions to the officials/supervisors and players about the limited clearance zone station supervisors near any obstacles within the clearance zone padding obstacles located in the clearance zone. Further information:	cone	
Governing bodies/associations If 'No' is ticked, provide further information.	Yes	No
Guidelines/codes of practice are established for this activity. See Volleyball Queensland, Australian Volleyball Federation. Have these been considered during the planning of this activity?		
If you are organising competitions or other events, have you contacted Queensland School Sport Unit?		
Further information:		

Hazards and suggested control measures

All persons engaging in this activity should:

- identify the hazards, including any additional hazards not mentioned here
- assess their significance
- manage the potential risks.

Listed below are indicative hazards/risks and suggested control measures. They are by no means exhaustive lists. After checking these, add details of any other identified hazards/risks and additional controls you intend to implement.

Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
Biological material Body fluids (e.g. blood, saliva, sweat)	Comply with HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions and Infection Control Guideline. Students with open cuts and abrasions are to be removed from the activity and treated immediately. If bleeding cannot be controlled completely, the participant should not be allowed to return to the activity. All clothing, equipment and surfaces contaminated by blood should be treated as potentially infectious.			
	Have sufficient and suitable containment material (bandages, etc) readily available.			
	Ensure that personal items such as mouthguards, towels and drink bottles are not shared.			
Environmental conditions • Weather	Assess weather conditions before and during activity (e.g. temperature, storms).			
SurfacesSurroundsEquipment	Assess suitability of playing field (e.g. level, debris, pot holes/divots in ground, line markers) before and during activity.			
	For beach volleyball, rake sand before use.			
	Adopt procedures to minimise loose balls entering the playing area, and safety procedures should be established for their removal.			
	Net play should be closely supervised at all times.			

Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
EquipmentRatchet winch system	Ensure care is taken when adjusting/releasing the high tension winch/ratchet net system. Please refer to the Creating Healthier Workplaces Hazard Alerts for further information.			
	Winch handles on posts should be removable. Any new removable winding equipment on posts should be padded.			
	Guy wires should not be used to support posts, but if schools elect to use these, they should be visible to players and be covered with protective pads.			
	Lines for outdoor courts should be of flexible, non-injurious material (i.e. cords or webbing). Wood, metal or other solid material should not be used.			
	Referee stands and chairs for lines people should be positioned with regard to player safety.			
	Sand depth to be at least 30 cm.			
	Sand should extend beyond court by at least 2 metres.			
	Base of portable posts to be covered with sand.			
	Equipment including net posts to be checked for any damage before play commences, and removed from use where necessary.			
	Indoor facilities to have adequate lighting and ventilation, with lights protected.			
	Indoor court surface to be non- slip.			
	 For modified games (ages 8-13), use: a smaller sized court (13 metres x 6.5 metres) a lower net height a softer and lighter ball less players on the court modified rules. 			

				Implementation plan/
Hazards/risks	Control measures	Yes	No	Additional controls
Students	Obtain parental permission, including relevant medical information.			
 behaviours Medical conditions Student numbers 	When students with medical conditions are involved, ensure that relevant medical/ emergency plans and medications are readily available (insulin, Ventolin®, Epipen®, etc).			
	Refer to Individual education plan/Educational adjustment plan/Behaviour management plan and other student documents.			
	 Introduce rules, safety procedures and prerequisite skills. 			
	Wear footwear appropriate to the playing surface.			
	If spectacles need to be worn during matches and training sessions, make sure they have plastic frames and plastic lenses. A band should also hold the spectacles on securely.			
	Where necessary, obtain advice from relevant Advisory Visiting Teachers or Specialist Teachers.			
	Ensure there is adequate adult supervision.			
	Cut or tape long fingernails to prevent injury to others.			
	Jewellery can be a serious hazard when undertaking many activities. All forms of jewellery should be considered in terms of the risk it presents for each activity. Procedures should be put in place to ban, dissuade or protect (e.g. tape) the wearing of jewellery accordingly.			
Physical exertion • Strains and	Have appropriate warm-up and warm-down activities.			
sprains • Cramps	Follow progressive and sequential skills development.			
Exhaustion and fatigue	Modify games to match the skill and fitness levels of students.			
	Have ice packs available.			

Hazards/risks	Control measures	Yes	No	Implementation plan/ Additional controls
	Continuously monitor students for signs of fatigue and exhaustion.			

Additional control measures These would relate to the specific student needs, location and conditions in which you are conducting your activity.					
Hazards/risks	Control measures				

Submitt	ted by:	Date:	Date:					
List the names of those who were involved in the preparation of this risk assessment.								
Appro	val							
	Approved as submitted:							
	Approved with the following condition(s):							
	Not approved for the following reason(s):							
Ву:		Designation:						
Signed:		Date:						
	proved, activity details should be entered into the Register by administrative staff.	School Curriculum	Reference No	lo.				
	Or and review To be completed during and/oion of the series of activities.	or after the activity and/o	r at the	Yes	No			
Are the								
Have the								
		Ш						
Details.								
Are furth Details:	ner actions required?							

Important links

- HLS-PR-003: First Aid http://education.qld.gov.au/strategic/eppr/health/hlspr003/
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions http://education.qld.gov.au/strategic/eppr/health/hlspr004/
- Infection Control Guideline http://education.qld.gov.au/health/pdfs/healthsafety/infection_control_guideline.pdf
- HLS-PR-005: Health and Safety incident recording and notification http://education.qld.gov.au/strategic/eppr/health/hlspr005/
- HLS-PR-006: Managing risks with chemicals in Department of Education and Training (DET) workplaces http://education.gld.gov.au/strategic/eppr/health/hlspr006/index1.html
- HLS-PR-013: Developing a Sun Safety Strategy http://education.qld.gov.au/strategic/eppr/health/hlspr013/
- HRM-PR-010: Working with Children Check Blue Cards http://education.qld.gov.au/strategic/eppr/hr/hrmpr010/
- SCM-PR-002: School Excursions http://education.qld.gov.au/strategic/eppr/schools/scmpr002/
- Australian Volleyball Federation http://www.avf.org.au/
- Beach Volleyball
 http://www.beachvolleyball.com.au/
- Get Active Queensland Accreditation Program
 http://www.communities.qld.gov.au/sportrec/community-programs/education-and-training/get-active-queensland-accreditation-program/course-information
- Health and Safety Hazard Alerts http://education.qld.gov.au/health/pdfs/healthsafety/winch-alert.pdf
- Queensland School Sport Unit http://www.learningplace.com.au/default_suborg.asp?orgid=128&suborgid=788
- Volleyball Queensland http://www.qva.org.au/

Further information

For further information on incorporating risk management strategies into curriculum activity planning refer to HLS-PR-012: Managing Risks in School Curriculum Activities and the associated list of Curriculum Activity Risk Management Guidelines.

For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.