

Curriculum activity risk assessment

Rugby League

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Activity scope

This document relates to student participation in Rugby League as a curriculum activity including the teaching of rugby league skills, team training and competition matches conducted by schools.

Where the rules and procedures of a Rugby League competition impose additional or more stringent safety requirements than are listed below, then those competition rules and procedures take precedence and **must** not be set aside.

Risk level

The actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:

- Which students will be involved?
- What will the students be doing?
- What will the students be using?
- Where will the students be?
- Who will be leading the activity?



Inherent risk level			Action required / approval
<input type="checkbox"/>	Medium	Modified games, adhering to the National Safeplay Code, or other modified minimal contact versions.	<input checked="" type="checkbox"/> Record controls in planning documents and/or complete this <i>Curriculum Activity Risk Assessment</i> . <input checked="" type="checkbox"/> Consider obtaining parental permission.
<input type="checkbox"/>	High	Unmodified, full contact versions.	<input checked="" type="checkbox"/> A <i>Curriculum Activity Risk Assessment</i> must be completed. <input checked="" type="checkbox"/> Principal or delegated Deputy Principal or Head of Program (i.e. HOD, HOSES, HOC) to review and approve risk assessment. <input checked="" type="checkbox"/> Obtaining parental permission is recommended. <input checked="" type="checkbox"/> Once approved, activity details are to be entered into the <i>School Curriculum Activity Register</i> .

Teachers/leaders:		
Activity description:		
Start date:	Finish date:	No of students (approx.):
Class Groups:		Supervision ratio (approx.):



Queensland Government

Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information regarding the additional or alternate controls to be implemented for the safe conduct of the activity.

Minimum supervision

Adequate adult supervision is to be provided. In determining what is adequate, consider the number of students, their individual needs, and the nature of the activity.

If an adult other than a registered teacher is engaged for instruction, a teacher is to be present to take overall responsibility. [Blue Card](#) requirements **must** be adhered to.

- ☐ Registered teacher with minimum qualifications as outlined below
OR
☐ An adult with minimum qualifications as outlined below, in the presence of a registered teacher

Further information:

Minimum qualifications

The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.

- ☐ Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel.
- ☐ [Blue Card](#) requirements met

Note: During competition, a qualified first aid officer/sports trainer should be readily accessible to the field(s) of play to provide immediate first aid assistance. There must be phone access to call an ambulance if required

Medium — Modified games, adhering to the National Safeplay Code, or other modified minimal contact versions

For a registered teacher:

- ☐ Get Active QLD Accreditation Rugby League Coaching Course
OR
☐ Level 1 coaching qualifications from [Queensland Rugby League](#)
OR
☐ Competence (demonstrated ability/experience to undertake the activity) in the teaching of Rugby League

A teacher could demonstrate their competency to conduct an activity to the person approving the Curriculum Activity Risk Assessment through their:

- ☐ knowledge of the activity and the associated hazards and risks
☐ experience (i.e. previous involvement) in undertaking the activity
☐ demonstrated ability and/or expertise to undertake the activity
☐ possession of qualifications related to the activity.

For a leader other than a registered teacher:

- ☐ Get Active QLD Accreditation Rugby League Coaching Course
OR
☐ Level 1 coaching qualifications from [Queensland Rugby League](#)

Minimum qualifications

The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.

High — Unmodified, full contact versions

For a registered teacher:

- ☐ Get Active QLD Accreditation Rugby League Coaching Course
- OR**
- ☐ Level 1 coaching qualifications from [Queensland Rugby League](#)
- ☐ Familiarity with the Australian Rugby League [National Safeplay Code](#) (see important links) and coaching qualifications from the [Queensland Rugby League](#)
- ☐ For players 12 years & under – Modified Games Coach
- ☐ For players 13 years & over – International Games Coach

Competition games **must** be controlled by competent coaches and officials. The minimum requirements are:

- ☐ A registered teacher with competence (i.e. demonstrated ability) in refereeing the game of Rugby League
- OR**
- ☐ A qualified referee with Level 1 International (Schools) accreditation for 13 years and over matches
- OR**
- ☐ A qualified referee with Level 1 Modified (Schools) accreditation for 12 years and under matches
- OR**

A referee who is currently a student of a participating school should not be appointed to referee a game in which his/her school is playing, unless no other referee is available and there is agreement by officials of both teams for that to occur.

- ☐ In competition games where touch judges are not provided by the Referees' Association, each school should endeavour to provide a competent touch judge (such as an older student or parent).

Further information:

Minimum equipment/facilities <i>If 'No' is ticked, provide further information.</i>	Yes	No
First aid kit suitable for activity.	<input type="checkbox"/>	<input type="checkbox"/>
Communication system: <input type="checkbox"/> phone-line at location <input type="checkbox"/> mobile phone <input type="checkbox"/> walkie talkies/UHF Radio <input type="checkbox"/> student/adult messenger Other:		
Sun safety equipment (hat, sunscreen, shirt etc)	<input type="checkbox"/>	<input type="checkbox"/>
Drinking water (students should not share drinking containers)	<input type="checkbox"/>	<input type="checkbox"/>
Padding on goal posts recommended 2.5m x 30cm dia (13cm inner dia)	<input type="checkbox"/>	<input type="checkbox"/>
Injury management procedure (including for head injuries) in place	<input type="checkbox"/>	<input type="checkbox"/>
Minimum clearance of 4m surrounding playing area.	<input type="checkbox"/>	<input type="checkbox"/>
Some suggested alternate controls where minimum boundary clearance is not met: <input type="checkbox"/> Reduce the size of the playing field to achieve an adequate clearance zone <input type="checkbox"/> Remove spectators/dangerous obstacles within the clearance zone <input type="checkbox"/> Provide instructions to the official/supervisors and players about the limited clearance zone <input type="checkbox"/> Station supervisors near any obstacles within the clearance zone		
Further information:		

Governing bodies/associations <i>If 'No' is ticked, provide further information.</i>	Yes	No
Guidelines/codes of practice are established for this activity. See Queensland Rugby League and Australian Rugby League . Have these been considered during the planning of this activity?	<input type="checkbox"/>	<input type="checkbox"/>
If you are organising competitions or other events, have you referred to Queensland School Sport Unit ?	<input type="checkbox"/>	<input type="checkbox"/>
Further information:		

Hazards and suggested control measures

All persons engaging in this activity should:

- identify the hazards, including any additional hazards not mentioned here;
- assess their significance; and
- manage the potential risks.

Listed below are indicative hazards/risks and suggested control measures. They are by no means exhaustive lists. After checking these, add details of any other identified hazards/risks and additional controls you intend to implement.

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
Biological material <ul style="list-style-type: none"> Body Fluids (e.g. blood, saliva, sweat) 	<ul style="list-style-type: none"> Comply with Infection Control Guideline. Students with open cuts and abrasions are to be removed from the activity and treated immediately. If bleeding cannot be controlled completely, the participant should not be allowed to return to the activity. All clothing, equipment and surfaces contaminated by blood should be regarded as potentially infectious. Ensure that students do not share personal equipment such as mouthguards and drink bottles. Have sufficient and suitable containment material (bandages etc.) readily available. 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Environmental conditions <ul style="list-style-type: none"> Temperature Weather conditions Playing field and surrounds 	<ul style="list-style-type: none"> Assess weather conditions before and during activity (e.g. temperature, storms). Assess suitability of playing field (e.g. level, debris, potholes/divots in ground, line markers) before and during activity. 	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	
Physical exertion <ul style="list-style-type: none"> Strains Sprains Fatigue and exhaustion 	<ul style="list-style-type: none"> Have appropriate warm-up and warm-down activities. Follow progressive and sequential skills development. Have ice packs available. Continuously monitor students for signs of fatigue and exhaustion. 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Physical contact <ul style="list-style-type: none"> Breaks/sprains Cuts, abrasions 	<ul style="list-style-type: none"> Ensure strict adherence to rules of rugby league, especially Australian Rugby League National Safeplay Code where required. 	<input type="checkbox"/>	<input type="checkbox"/>	

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
	<ul style="list-style-type: none"> Where necessary, obtain advice from relevant Advisory Visiting Teachers or Specialist Teachers. Ensure there is adequate adult supervision. 	<input type="checkbox"/>	<input type="checkbox"/>	

Additional control measures

These would relate to the specific student needs, location and conditions in which you are conducting your activity.

Hazards/risks	Control measures

Submitted by:	Date:
<p>List the names of those who were involved in the preparation of this risk assessment.</p>	

Approval		
<input type="checkbox"/>	Approved as submitted:	
<input type="checkbox"/>	Approved with the following condition(s):	
<input type="checkbox"/>	Not approved for the following reason(s):	
By:		Designation:
Signed:		Date:
Once approved, activity details should be entered into the School Curriculum Activity Register by administrative staff.		Reference No.

Monitor and review <i>To be completed during and/or after the activity and/or at the completion of the series of the activities.</i>	Yes	No
Are the control measures still effective?	<input type="checkbox"/>	<input type="checkbox"/>
Have there been any changes?	<input type="checkbox"/>	<input type="checkbox"/>
Are further actions required?	<input type="checkbox"/>	<input type="checkbox"/>
Details:		

Important links

- SCM-PR-002: School Excursions
<http://education.qld.gov.au/strategic/eppr/schools/scmpr002/>
- HLS-PR-003: First Aid
<http://education.qld.gov.au/strategic/eppr/health/hlspr003/>
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions
<http://education.qld.gov.au/strategic/eppr/health/hlspr004/>
- Infection Control Guideline
http://education.qld.gov.au/health/pdfs/healthsafety/infection_control_guideline.pdf
- HLS-PR-005: Health and Safety Incident Recording and Notification
<http://education.qld.gov.au/strategic/eppr/health/hlspr005/>
- HLS-PR-013: Developing a Sun Safety Strategy
<http://education.qld.gov.au/strategic/eppr/health/hlspr013/>
- HRM-PR-010: Working with Children Check - Blue Cards
<http://education.qld.gov.au/strategic/eppr/hr/hrmpr010/>
- HLS-PR-006: Managing Occupational Risks with Chemicals
<http://education.qld.gov.au/strategic/eppr/health/hlspr006/hs16.pdf>
- Queensland School Sport Unit
www.schoolsport.qld.edu.au
- Get Active Queensland Accreditation Program
<http://www.sportrec.qld.gov.au/CommunityPrograms/Schoolcommunity/GetActiveQueenslandAccreditationProgram/Courseinformation.aspx>
- Queensland Rugby League
<http://www.qrl.com.au/default.aspx?s=ed-coaching>

Further information

For further information on incorporating risk management strategies into curriculum activity planning refer to [HLS-PR-012 Managing Risks in Curriculum Activities](#) and the associated list of [Curriculum Activity Risk Assessment Guidelines](#). (See: <http://education.qld.gov.au/strategic/eppr/health/hlspr012/index1.html>)

For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.