

Curriculum activity risk assessment

Rugby League

clever • skilled • creative

Activity scope

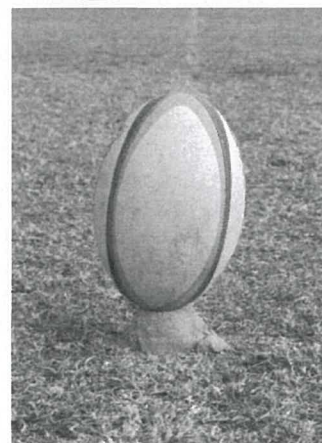
This document relates to student participation in Rugby League as a curriculum activity including the teaching of rugby league skills, team training and competition matches conducted by schools.

Where the rules and procedures of a Rugby League competition impose additional or more stringent safety requirements than are listed below, then those competition rules and procedures take precedence and **must** not be set aside.

Risk level

The actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:

- Which students will be involved?
- What will the students be doing?
- What will the students be using?
- Where will the students be?
- Who will be leading the activity?



Inherent risk level			Action required / approval
<input type="checkbox"/>	Medium	Modified games, adhering to the National Safeplay Code, or other modified minimal contact versions.	<input checked="" type="checkbox"/> Record controls in planning documents and/or complete this <i>Curriculum Activity Risk Assessment</i> . <input checked="" type="checkbox"/> Consider obtaining parental permission.
<input checked="" type="checkbox"/>	High	Unmodified, full contact versions.	<input checked="" type="checkbox"/> A <i>Curriculum Activity Risk Assessment</i> must be completed. <input checked="" type="checkbox"/> Principal or delegated Deputy Principal or Head of Program (i.e. HOD, HOSES, HOC) to review and approve risk assessment. <input checked="" type="checkbox"/> Obtaining parental permission is recommended. <input checked="" type="checkbox"/> Once approved, activity details are to be entered into the <i>School Curriculum Activity Register</i> .

Teachers/leaders: Kevin Sherriff		
Activity description: BDSSS Under 18s Rugby League Trials held at Brother Rugby League. Team trainings to continue at Bundaberg State High School		
Start date: 27/02/2020	Finish date: 27/03/2020	No of students (approx.): 30
Class Groups: Boys born in 2002, 2003, 2004		Supervision ratio (approx.): 1:3



Queensland Government

Date Modified: 13 August 2010

Uncontrolled copy. Refer to HLS-PR-012: Curriculum Activity Risk Management at <http://education.qld.gov.au/strategic/eppr/health/hlspr012/> for master.

Rugby ball for Kick off. File #: 3838034
iStockphoto © Mark Kolbe

Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information regarding the additional or alternate controls to be implemented for the safe conduct of the activity.

Minimum supervision

Adequate adult supervision is to be provided. In determining what is adequate, consider the number of students, their individual needs, and the nature of the activity.

If an adult other than a registered teacher is engaged for instruction, a teacher is to be present to take overall responsibility. Blue Card requirements **must** be adhered to.

- ☒ Registered teacher with minimum qualifications as outlined below
OR
☐ An adult with minimum qualifications as outlined below, in the presence of a registered teacher

Further information:

Minimum qualifications

The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.

- ☒ Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel.
☐ Blue Card requirements met

Note: During competition, a qualified first aid officer/sports trainer should be readily accessible to the field(s) of play to provide immediate first aid assistance. There must be phone access to call an ambulance if required

Medium — Modified games, adhering to the National Safeplay Code, or other modified minimal contact versions

For a registered teacher:

- ☐ Get Active QLD Accreditation Rugby League Coaching Course
OR
☒ Level 1 coaching qualifications from Queensland Rugby League
OR
☐ Competence (demonstrated ability/experience to undertake the activity) in the teaching of Rugby League

A teacher could demonstrate their competency to conduct an activity to the person approving the Curriculum Activity Risk Assessment through their:

- ☐ knowledge of the activity and the associated hazards and risks
☐ experience (i.e. previous involvement) in undertaking the activity
☐ demonstrated ability and/or expertise to undertake the activity
☐ possession of qualifications related to the activity.

For a leader other than a registered teacher:

- ☐ Get Active QLD Accreditation Rugby League Coaching Course
OR
☐ Level 1 coaching qualifications from Queensland Rugby League

Minimum qualifications

The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.

High — Unmodified, full contact versions

For a registered teacher:

- ☐ Get Active QLD Accreditation Rugby League Coaching Course
- OR**
- ☒ Level 1 coaching qualifications from Queensland Rugby League
- ☒ Familiarity with the Australian Rugby League National Safeplay Code (see important links) and coaching qualifications from the Queensland Rugby League
- ☐ For players 12 years & under – Modified Games Coach
- ☐ For players 13 years & over – International Games Coach

Competition games **must** be controlled by competent coaches and officials. The minimum requirements are:

- ☐ A registered teacher with competence (i.e. demonstrated ability) in refereeing the game of Rugby League
- OR**
- ☒ A qualified referee with Level 1 International (Schools) accreditation for 13 years and over matches
- OR**
- ☐ A qualified referee with Level 1 Modified (Schools) accreditation for 12 years and under matches
- OR**

A referee who is currently a student of a participating school should not be appointed to referee a game in which his/her school is playing, unless no other referee is available and there is agreement by officials of both teams for that to occur.

- ☐ In competition games where touch judges are not provided by the Referees' Association, each school should endeavour to provide a competent touch judge (such as an older student or parent).

Further information:

Minimum equipment/facilities <i>If 'No' is ticked, provide further information.</i>	Yes	No
First aid kit suitable for activity.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Communication system: <input type="checkbox"/> phone-line at location <input checked="" type="checkbox"/> mobile phone <input type="checkbox"/> walkie talkies/UHF Radio <input type="checkbox"/> student/adult messenger Other:		
Sun safety equipment (hat, sunscreen, shirt etc)	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Drinking water (students should not share drinking containers)	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Padding on goal posts recommended 2.5m x 30cm dia (13cm inner dia)	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Injury management procedure (including for head injuries) in place	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Minimum clearance of 4m surrounding playing area.	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Some suggested alternate controls where minimum boundary clearance is not met: <input type="checkbox"/> Reduce the size of the playing field to achieve an adequate clearance zone <input checked="" type="checkbox"/> Remove spectators/dangerous obstacles within the clearance zone <input checked="" type="checkbox"/> Provide instructions to the official/supervisors and players about the limited clearance zone <input checked="" type="checkbox"/> Station supervisors near any obstacles within the clearance zone		
Further information:		

Governing bodies/associations <i>If 'No' is ticked, provide further information.</i>	Yes	No
Guidelines/codes of practice are established for this activity. See <u>Queensland Rugby League</u> and <u>Australian Rugby League</u> . Have these been considered during the planning of this activity?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
If you are organising competitions or other events, have you referred to <u>Queensland School Sport Unit</u> ?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Further information:		

Hazards and suggested control measures

All persons engaging in this activity should:

- identify the hazards, including any additional hazards not mentioned here;
- assess their significance; and
- manage the potential risks.

Listed below are indicative hazards/risks and suggested control measures. They are by no means exhaustive lists. After checking these, add details of any other identified hazards/risks and additional controls you intend to implement.

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
Biological material <ul style="list-style-type: none"> Body Fluids (e.g. blood, saliva, sweat) 	<ul style="list-style-type: none"> Comply with <u>Infection Control Guideline</u>. Students with open cuts and abrasions are to be removed from the activity and treated immediately. If bleeding cannot be controlled completely, the participant should not be allowed to return to the activity. All clothing, equipment and surfaces contaminated by blood should be regarded as potentially infectious. Ensure that students do not share personal equipment such as mouthguards and drink bottles. Have sufficient and suitable containment material (bandages etc.) readily available. 	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Environmental conditions <ul style="list-style-type: none"> Temperature Weather conditions Playing field and surrounds 	<ul style="list-style-type: none"> Assess weather conditions before and during activity (e.g. temperature, storms). Assess suitability of playing field (e.g. level, debris, potholes/divots in ground, line markers) before and during activity. 	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	
Physical exertion <ul style="list-style-type: none"> Strains Sprains Fatigue and exhaustion 	<ul style="list-style-type: none"> Have appropriate warm-up and warm-down activities. Follow progressive and sequential skills development. Have ice packs available. Continuously monitor students for signs of fatigue and exhaustion. 	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Physical contact <ul style="list-style-type: none"> Breaks/sprains Cuts, abrasions 	<ul style="list-style-type: none"> Ensure strict adherence to rules of rugby league, especially Australian Rugby League <u>National Safeplay Code</u> where required. 	<input checked="" type="checkbox"/>	<input type="checkbox"/>	

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
and/or grazes • Concussion • Accidental 'bumping'	<ul style="list-style-type: none"> Provide instruction in rules, safety procedures and prerequisite skills before playing the game. Note that mouthguards are recommended for full contact games. Parental permission should be sought for students to participate without a mouthguard. Consider body padding for full contact games. Select students on the basis of ability, size and suitability for the position(s) they are to play (for example, students with long thin necks should not play in the scrum). Note that in competition games for students aged 15 years and younger, the age difference of team members should be no greater than two years. Students turning 16 years of age in the year of competition are permitted to play in 18 years and under competitions, as per the Queensland Rugby League rules. Ensure that player equipment, including footwear and other protective items, complies with age and standard levels appropriate to the laws of the game. 	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	
Students • Special needs • Medical conditions • Student Numbers • High risk behaviours	<ul style="list-style-type: none"> Obtain parental permission, including relevant medical information. When students with medical conditions are involved, ensure that relevant medical/emergency plans and medications are readily available (insulin, Ventolin, EpiPen, etc.) Refer to Individual Education Plan/Educational Adjustment Plan/Behaviour Management Plan and other student documents. 	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	All participants MUST provide a signed parental permission note to allow participation in the competition.

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
	<ul style="list-style-type: none"> Where necessary, obtain advice from relevant Advisory Visiting Teachers or Specialist Teachers. Ensure there is adequate adult supervision. 	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	

Additional control measures

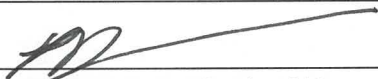
These would relate to the specific student needs, location and conditions in which you are conducting your activity.

Hazards/risks	Control measures

Submitted by: Kevin Sherriff (U18 BDSS Rugby League Coach)

Date: 21/02/2019

List the names of those who were involved in the preparation of this risk assessment.

Approval	
<input checked="" type="checkbox"/>	Approved as submitted:
<input type="checkbox"/>	Approved with the following condition(s):
<input type="checkbox"/>	Not approved for the following reason(s):
By: Karen McCord	Designation: Principal - Bundaberg SHS
Signed: 	Date: 06/02/2020
Once approved, activity details should be entered into the School Curriculum Activity Register by administrative staff.	
Reference No.	

Monitor and review <i>To be completed during and/or after the activity and/or at the completion of the series of the activities.</i>	Yes	No
Are the control measures still effective?	<input type="checkbox"/>	<input type="checkbox"/>
Have there been any changes?	<input type="checkbox"/>	<input type="checkbox"/>
Are further actions required?	<input type="checkbox"/>	<input type="checkbox"/>
Details:		

Important links

- SCM-PR-002: School Excursions
<http://education.qld.gov.au/strategic/eppr/schools/scmpr002/>
- HLS-PR-003: First Aid
<http://education.qld.gov.au/strategic/eppr/health/hlspr003/>
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions
<http://education.qld.gov.au/strategic/eppr/health/hlspr004/>
- Infection Control Guideline
http://education.qld.gov.au/health/pdfs/healthsafety/infection_control_guideline.pdf
- HLS-PR-005: Health and Safety Incident Recording and Notification
<http://education.qld.gov.au/strategic/eppr/health/hlspr005/>
- HLS-PR-013: Developing a Sun Safety Strategy
<http://education.qld.gov.au/strategic/eppr/health/hlspr013/>
- HRM-PR-010: Working with Children Check - Blue Cards
<http://education.qld.gov.au/strategic/eppr/hr/hrmpr010/>
- HLS-PR-006: Managing Occupational Risks with Chemicals
<http://education.qld.gov.au/strategic/eppr/health/hlspr006/hs16.pdf>
- Queensland School Sport Unit
www.schoolsport.qld.edu.au
- Get Active Queensland Accreditation Program
<http://www.sportrec.qld.gov.au/CommunityPrograms/Schoolcommunity/GetActiveQueenslandAccreditationProgram/Courseinformation.aspx>
- Queensland Rugby League
<http://www.qrl.com.au/default.aspx?s=ed-coaching>

Further information

For further information on incorporating risk management strategies into curriculum activity planning refer to [HLS-PR-012 Managing Risks in Curriculum Activities](#) and the associated list of [Curriculum Activity Risk Assessment Guidelines](#). (See: <http://education.qld.gov.au/strategic/eppr/health/hlspr012/index1.html>)

For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.

Reset

Print

