

**BDSSS 13-19yrs**  
**CURRICULUM ACTIVITY RISK ASSESSMENT**

<b>School/College</b>	Shalom College		
<b>Curriculum Activity</b> (Attach the EQ Activity Guidelines to this document)	Hockey		
<b>Risk Level</b>	Medium		
<b>Details of Activity</b>	13-19 Girls Hockey BDSSS Trials, Monday 22 March, 2021 4:00 – 5:00pm		
<b>Teachers / Leaders of Activity</b>	Paul Gardiner, Jessica Asnicar		
<b>Year Levels Involved</b>	7 – 12		
<b>Start Date</b>	22 / 03 / 2021	<b>End Date</b>	22 / 03 / 2021
<b>Approximate Supervision Ratio</b>	1:10		
<b>Venue</b>	Bundaberg Hockey Association, Hinkler Park		
<b>Minimum supervision requirements met</b> (as per Education Queensland Curriculum Activity Risk Management Guideline)	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
<b>A registered teacher will be present to take overall control</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
<b>Minimum qualification requirements met</b> (as per Education Queensland Curriculum Activity Risk Management Guideline)	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
<b>Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
<b>Blue Card requirements met</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
<b>Minimum Equipment / Facilities Requirements met</b> (as per Education Queensland Curriculum Activity Risk Management Guideline)	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
<b>If NO for any of the above, risk will be managed through the following</b>			
<b>Suggested control measures have been met</b> (as per Education Queensland Curriculum Activity Risk Management Guideline)	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
<b>If NO, risk will be managed through the following</b>			
<b>Is parental permission required for this activity?</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<b>If YES has it been gained?</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
<b>Does the Venue holding the Competition/Trials have a Covid-19 Safe Plan</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No	<b>If NO (and it is a School), does the Principal of that School approve the use of their school and comply with the Covid-19 Safety measures</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Extra Information</b>			

<b>Submitted by</b>	Jessica Asnicar	<b>Date</b>	18 / 03 / 2021
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<b>APPROVAL</b>	
<input checked="" type="checkbox"/>	Approved as submitted
<input type="checkbox"/>	Approved with the following condition(s)
<input type="checkbox"/>	Not approved for the following reason(s)
By: Paul Thompson	Designation: BDSSS Chair
Signed: 	Date: 18 / 3 / 21

Teachers / Leaders of this activity who have been trained in these procedures and read the relevant Education Queensland Activity Guidelines.	
Sue Kendall	
Jessica Asnicar	
Paul Gardiner	
Matthew Hughes	

<b>Monitor and Review</b>	
Are the control measures still effective?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Have there been any changes?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Are further actions required?	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Details:</b>           	
Completed By	<div></div> <div>Date</div> <div>/</div> <div>/</div>



# Hockey

The planning considerations that are common to all curriculum activities can be found in the [CARA generic template](#). These must be considered as well as the activity-specific considerations outlined below.

## Activity scope

This guideline relates to student participation in hockey as a curriculum activity, including skills development, training and competitions.

Modified versions of hockey (e.g. [Hookin2Hockey](#)) may include additional and/or alternate risks and equipment that should be considered in planning this activity.



## Mandatory requirements

*Mandatory requirements must be met for the activity to be conducted.*

- Follow the [Hockey Australia](#) guidelines/codes of practice established for this activity.
- Students must wear a mouthguard when participating in Hockey. The Department strongly recommends that students wear custom-fitted mouthguards. Schools are required to provide information about the different types of mouthguards to parents/carers to assist them make an informed choice for the student, for example, see the [Sport Medicine Australia - Dental Injuries](#) and the [Australian Dental Association](#) recommendations.
- Obtain parent/carer consent as part of the medical questionnaire/declaration required for participation in Hockey. The medical questionnaire/declaration must include the following statement:

*I understand that mouth protection is mandatory in this sport. I have read the information provided to me about mouth protection and accept responsibility for the type of mouth protection I/my child will wear whilst playing this sport.*

(Note: Students with a medical condition that may impact on their safety during participation in this activity must be cleared by a medical practitioner to participate in the activity).

- Establish and implement procedures for emergencies such as injury (e.g. sprain) and first aid (e.g. ice pack), resuscitation, communication, emergency service contact details and supervision/safety detail of students that are appropriate to the hockey activity, the location and conditions.
- Establish and implement safety procedures and correct technique when using hockey equipment (e.g. sticks, masks, shin guards and goal keeping equipment).
- Induct students on emergency procedures, safety procedures and correct technique (distributing the ball, grips).
- Follow the school's [sun safety strategy](#) is followed. Note: no hard brim cap/hat is to be worn.
- Refer to the [School Excursions and International School Study Tours](#) for mandatory travel requirements that may be associated with this activity when playing off site.

## Risk level

**Medium risk:** The teaching of hockey skills, training and competitions.

## Supervision requirements

- Provide sufficient adult supervision to manage the activity safely (including emergency situations). Consider age, size, ability and maturity of students in this decision. Principals make decisions about the supervision requirements.
- Ensure supervisors are visible and easily identified and that all students are in sight of at least one adult at all times.
- During competition, a qualified first aid officer with cardio pulmonary resuscitation (CPR)/sports trainer should be readily accessible to the field(s) of play to provide immediate first aid assistance. There must be phone access to call an ambulance if required.

## Qualifications for supervisors

- A registered teacher with competence (knowledge and skills) in the teaching of hockey.
- OR**
- An adult supervisor with [Community Coach](#) or [Hockey Coach](#) accreditation (or equivalent), working under the direct supervision of a registered teacher.

## Requirements for facilities and equipment

- Readily available first aid equipment and consumable items (e.g. heat pack, ice pack) appropriate to the location and level of risk.
- All equipment must comply with the requirements of the Rules of Hockey. Refer to Field and Equipment Specifications of the [International Hockey Federation rules](#).
- Clearly define the playing area, orientated as close as possible to north-south.
- Establish a safety/spectator zone with 3m clearance at the ends of the field and 2m on the sides of the field.
- Wear personal protective equipment (including footwear and shin guards) appropriate to the playing surface, type of activity and age of participants. Gloves, masks and protectors should be considered for short corner plays.
- Goal keepers to wear headgear (i.e. helmet with face mask, throat protector), leg guards, kickers, leg pads, foot pads, chest protector, groin protector (male), pelvic protector (female) and gloves that conform to [International Hockey Federation](#) (FIH) Rules of Hockey.
- Check the safety and insurance credentials of the venue if applicable, to ensure compliance with all safety equipment and pitch requirements. Ensure the emergency evacuation procedure is known.
- Check hockey equipment is properly maintained, in good working condition (no splinters) and fit for purpose; and be used as intended in accordance with manufacturers' instructions.



## Hazards and controls

### Before the activity

Hazards	Control measures
<b>Considering environmental conditions</b>	<ul style="list-style-type: none"> <li>Assess weather (<a href="#">Bureau of Meteorology</a>) and environmental conditions.</li> <li>Instruct students to take special care when hitting balls on a field that is wet, to prevent dangerous undercutting.</li> </ul>
<b>Accessing facilities and using equipment</b>	<ul style="list-style-type: none"> <li>Assess suitability of the playing field (e.g. level, debris, potholes/divots in ground, line markers, corner flags, buildings, pedestrian traffic and other activities) before and during activity.</li> <li>Ensure that the method of fixing nets to the goal-posts and cross-bar is secure and safe. Metal cup-hooks should not be used and any spring hooks should have screw caps.</li> <li>Surround the synthetic hockey pitch with a barrier where possible.</li> <li>Check there is a safety screen of chain-link mesh behind each goal and wherever balls are most likely to leave the playing area at speed. If there are no safety screens present, consider providing them.</li> <li>Ensure the safety zone is in place. If the minimum safety zone cannot be met, provide instructions to the officials/supervisors and students about the limited clearance zone and the steps they could take to ensure safety, including the following:               <ul style="list-style-type: none"> <li>reduce the size of the playing field to achieve an adequate clearance zone;</li> <li>remove spectators/dangerous obstacles within the clearance zone;</li> <li>station supervisors near any obstacles within the clearance zone; and</li> <li>pad any obstacles located within the clearance zone.</li> </ul> </li> </ul>

### During the activity

<b>Considering environmental conditions</b>	<ul style="list-style-type: none"> <li>Cease the activity if the weather is unfavourable (e.g. extreme temperatures or excess water on the field).</li> </ul>
<b>Accessing facilities and using equipment</b>	<ul style="list-style-type: none"> <li>Continually monitor and enforce the correct use of all equipment.</li> </ul>
<b>Managing student considerations</b>	<ul style="list-style-type: none"> <li>Uphold the rules regarding physical contact to prevent rough play.</li> <li>Stop play to retrieve balls during practice sessions.</li> <li>Remove accessories (e.g. jewellery) before participating.</li> <li>Ensure fingernails, hair and clothing do not interfere with the activity.</li> <li>During skills practice ensure one ball at a time is delivered to goalkeepers to defend.</li> <li>Ensure drink breaks occur regularly in all matches (recommended drink breaks every 30 minutes in conditions of extreme temperature) and drinks are available for individual players between drink breaks.</li> <li>Monitor students for signs of fatigue and dehydration.</li> </ul>

### After the activity

<b>Managing student considerations</b>	<ul style="list-style-type: none"> <li>Ensure shade, water, food and first aid is available.</li> </ul>
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## Additional links

[Hockey Queensland](#)

[Queensland School Sport Unit](#)

[Sports Medicine Australia Injury Fact Sheets](#)

[Sports Medicine Australia Hot Weather Guideline](#)

[Australian Dental Association](#)

[International Hockey Federation- Care and Maintenance of Synthetic Turf Hockey Pitches](#)

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