

Bundaberg & District 10-12 Years Schools' Sports

Athletics Carnival 2023

11 August 2023

St Luke's Anglican School
Commencing 9.00 am

10 August 2023

St Luke's Anglican School
Commencing 8.55 am

*Organisation Guide
For Schools*

Bundaberg 10-12 Years Schools' Sports BPSS

President: Veronica Geiger – Norville SS - Ph: 41 326333

Secretary: Noel Stitt – Bundaberg North S.S. – Ph: 0413180272

Treasurer: Micheal Kiss – Avoca S.S. - Ph: 41 500444

18 July, 2023

The Principal

PLEASE READ CAREFULLY

Dear Sir / Madam,

The Bundaberg Primary School's Athletics Carnival is fast approaching. The dates are as follows:

Thursday 10 August - 200m, long jump, high jump, shot put, discus and 800m heats at St Luke's Anglican School.

Friday 11 August - Sprints, relays, ball games and 800m final at St Luke's Anglican School.

Friday 18 August - 1500m trials St Luke's Anglican School. 9.30am

Thursday 30 August - Wide Bay Regional 10-12 Years Athletics at Bundaberg

It would be greatly appreciated if you would allow the release of your school's physical education teacher for these days. These activities are part of the duties of the P.E. Teacher and to make these days run successfully, we need the P.E. teachers to help officiate with a variety of jobs on these days. Regional TRS is not available for the above days, but it is hoped that the P.E. teachers will be released to carry out duties on these days.

Following is information relating to our 2 days of events. A checklist of what is enclosed is attached. Please check all sheets and data are enclosed. If any are missing, please contact me as above.

It would be greatly appreciated if this information, especially job rosters and nomination forms were **passed onto the relevant staff at your school**. It would also be greatly appreciated if the required forms were returned to me by the appropriate date.

The 2023 Bundaberg and District Primary Schools' Athletic Carnival will be held at St Luke's Anglican School on Friday 11 August. Preceding this day Long Jump, Shot Put, High Jump, Discus, 200m and 800m events will be contested at St Luke's Anglican School on Thursday 10 August.

DAY 1: On Thursday 10 August LONG JUMP, SHOT PUT, HIGH JUMP, DISCUS, 200m and 800m events will be held at St Luke's Anglican School. This year it is of the utmost importance that we begin this day at **8:55 am** sharp. The program has changed totally to previous years. Schools, please, organise transport arrangements (possibly private transport is an option) so that competitors in the 1st round of events can be **marshaled at 8:40am**.

A tuckshop will be open at St Luke's Anglican School where children may purchase food and drinks. Information on its location, items for sale and costs are on an attached page. A diagram indicating locations of event areas, toilets, entrances and parking facilities is also attached.

Day 2: Friday 11 August. The program is as in past years.

DAY 1 OFFICIALS

The Bundaberg Primary Schools Principals' have discussed the following staffing ratio that will be required to safely run the carnival. This is

“A” schools 2 staff

“B” schools 1 staff

“C” schools if they can possibly help.

This ratio is additional to the PE teachers from their relevant schools and staff sent to supervise and manage your school teams. All schools are expected to provide this level of support to ensure the effective management of the events and safety of all children.

On Thursday 10 August assistance in the listed areas will be required. I would ask you to nominate teachers willing to be involved and indicate duties preferred. Email and return to NOEL STITT at BUNDABERG NORTH SS with completed nomination forms **BEFORE** Wednesday 26 July.

Officials required:	3 Judges	1 Check Starter	3 Time Keepers
	1 Starter	12 Long Jump	1 Marshall
	12 Shot Put	4 High Jump	4 Discus

Yours in Sport

Noel Stitt

Jumps Day Convenor

✓-----

Officials - for Day 1, 10 August 2023 - St Luke's Anglican School
Please return to Noel Stitt via email by Wednesday 26 July 2023.

Nominated Teacher

Preferred Duty

Name of School _____

Checklist of Information / Forms
BPSS Athletics Carnivals

PLEASE READ ALL INFORMATION CAREFULLY; PASS ONTO RELEVANT TEACHERS AND RETURN RELEVANT FORMS BY DATES REQUIRED THANK YOU.

- Cover Letter with Officials Nomination for Jumps Day at bottom.
- High Jump / Discus qualifying heights / distances.
- Map of St Luke's Anglican School. To be sent shortly
- Day 1 Tuckshop Price List. To be sent shortly
- Day 1 Program (Schools to run off copies for own competitors / parents)
- Carnival Guidelines
- Boys Relay/ Ball Games Nomination Form (**D**)
- Girls Relay/ Ball Games Nomination Form (**E**)
- Day 2 Officials Nomination Form (**F**)
- Day 2 Program (Schools to run off own copies for competitors/ parents.)

Thanking you for your cooperation in getting these information sheets to your relevant staff and for the prompt return of necessary forms by the required date.

Yours in Sport

Noel Stitt
Secretary – BDPSSA.

HIGH JUMP – DISCUS NOMINATIONS

High Jump - QUALIFYING HEIGHTS

- Please ensure nominated children **CAN** jump the qualifying height.
- No more than two (2) nominations per school per age group.

AGE	<i>GIRLS</i>		<i>BOYS</i>	
	START HEIGHT	QUALIFY HEIGHT	START HEIGHT	QUALIFY HEIGHT
10 YEARS	0.92 m	1.00 m	1.02 m	1.10 m
11 YEARS	1.02 m	1.10 m	1.12 m	1.20 m
12 YEARS	1.12 m	1.20 m	1.20 m	1.28 m

It is expected that most children will use the Scissor Jump technique. The Fosbury Flop technique may be used by children 10 years and over who have had **adequate lead-up activities conducted by a teacher/coach with competence in teaching the event**. It is a high-risk activity therefore the Health and Safety Guidelines for Athletics – Jumping Events should be followed. (See attached)

Discus - QUALIFYING DISTANCES

- Please ensure nominated children **CAN** throw the qualifying distance. This is not a come and try event.
- No more than two (2) nominations per school per age group.
- It is a high-risk activity therefore the Health and Safety Guidelines for Athletics. (See attached)

AGE	GIRLS	BOYS
10 YEARS (500g)	18 m	20 m
11 YEARS (750g)	18 m	20 m
12 YEARS (750g)	20 m	25 m

Day 1 Events - St Luke's Anglican School

On Thursday 10 August, the Long Jump, Shot Put, High Jump, Discus, 200 metre and 800 metre events for the Inter-school Sports will be held at St Luke's Anglican School.

The assembly time is 8.40 am for a starting time of 8.55 am.
Competitors are to wear school uniforms.

Order of Events

	<u>10 Years</u>	<u>11 Years</u>	<u>12 Years</u>
<u>9.00am</u>	200m (Heat & Final)	Long Jump	Shot Put
<u>10.00am</u>	Discus	200m (Heat & Final)	Long Jump
<u>11.00am</u>	High Jump	Discus	200m (Heat & Final)
<u>12.00pm</u>	Shot Put	High Jump	Discus
<u>1.00pm</u>	Long Jump	Shot Put	High Jump
<u>1.15pm</u>	800m Heat	800m Heat	800m Heat
<u>3.00pm</u>	Finish		

Some of the 800m events may start earlier than the set start. This will be as an age group finishes their event from previous round they may be called to get ready for their 800m race.

CARNIVAL GUIDELINES

Please observe the following carnival guidelines regarding the wearing of *SPIKES*.

LONG JUMP

For safety reasons it is suggested that children wear shoes when competing in Long Jump. Spikes may be worn provided that:

1. Competitors remove spikes immediately after coming out of the pit and carry them by hand back to a special area.
2. Competitors who intend to wear spikes must remain in the special area until they are called up by officials.

200 METRES

Spikes will be allowed provided that each competitor carries the spikes to the allocated lane. Once in that lane, the competitor will put the spikes on. When the race is finished spikes must be removed as soon as possible while the athlete remains in the allocated lane. Spikes will then be carried by hand.

800 METRES

NO SPIKES ARE PERMITTED

WARNING

Any teacher who sees a child wearing spikes, not in the special long jump area, or a 200 metre lane, should tell the child to remove the spikes immediately.

Competitors who fail to comply with these conditions may be removed from the competition.

STARTING

Teachers should train children to put the foot up to the ribbon on the starting line not on it or over it.

OUT OF BOUNDS

No children or spectators are permitted inside the 400m track unless marshalling for 200m or 800m events.

LONG JUMP - SHOT PUT OFFICIALS

Read Guidelines Before Event Begins

FORM D

BDPSSA - DAY 2 – Friday 11 August 2023.

NOMINATIONS CLOSE: Wednesday 26 July 2023.

BOYS ONLY

SCHOOL: _____

RELAYS		
TICK THE TEAMS ENTERING		
A.		
80 M RELAY BOYS - 9 YEARS		
A.		
100 M RELAY BOYS - 10 YEARS		
A.		
100 M RELAY BOYS - 11 YEARS		
A.		
100 M RELAY BOYS - 12 YEARS		
A.		
TUNNEL		BALLGAMES
		LEADER
A.		A.
B.		B.

FORM E

BDPSSA - DAY 2 – Friday 11 August 2023.

NOMINATIONS CLOSE: Wednesday 26 July 2023.

GIRLS ONLY

SCHOOL: _____

RELAYS		
TICK THE TEAMS ENTERING		
A.		
80 M RELAY GIRLS - 9 YEARS		
A.		
100 M RELAY GIRLS - 10 YEARS		
A.		
100 M RELAY GIRLS - 11 YEARS		
A.		
100 M RELAY GIRLS - 12 YEARS		
A.		
TUNNEL		BALLGAMES
		LEADER
A.		A.
B.		B.

FORM F
DAY 2 OFFICIALS NOMINATION
Friday 11 August 2023

We request that your staff give consideration to providing assistance in the following areas.

<i>MARSHALLS</i>	<i>TIME KEEPERS</i>
1.	1.
2.	2.
3.	3.
4.	
5.	<i>RECORDS</i>
	1.
	2.
	3.
<i>CHECK STARTERS</i>	4. Margie Batt (East)
1.	5.
2.	
	<i>ANNOUNCER</i>
<i>JUDGES</i>	1. Jason Shears (Woongarra)
1.	
2.	<i>ASSISTANT ANNOUNCER</i>
3.	1.
4.	
	<i>REFEREE</i>
<i>STARTER</i>	1. Noel Stitt
1.	

Please return to Noel Stitt at Bundaberg North SS on or before Wednesday 26 July 2023.

BUNDABERG & DISTRICT PRIMARY SCHOOLS SPORTS

ANNUAL ATHLETICS CARNIVAL 2023.

Day 2, Friday 11 August, commencing at 9 am sharp

Competing Schools

Section A

Bargara (B)
Branyan Road (BR)
Bundaberg CC (BCC)
East (E)
Norville (NV)
St Luke's (St L)
St Mary's (St M)
St Patricks (STP)
Walkervale (WV)
Woongarra (WOON)
Bundaberg Secondary
Schools (BSS)

Section B

Agnes Water (AW)
Avoca (AV)
Gin Gin (GG)
Gin Gin District (GGD)
Kalkie (K)
North (N)
Oakwood (O)
St Johns (St John's)
South (S)
West (West)

Section C

Alloway (AL)
Burnett Heads (BH)
Central (C)
Discovery Christian College (DCC)
Elliott Heads (EH)
Gooburrum (G)
Hope Adventist (HA)
Moore Park (MP)
Rosedale District (R)
St Josephs (St Jos)
Thabeban (T)

President's Message

The Association extends a warm welcome to all competitors, parents, teachers and supporters to our Annual Athletics Day. Bundaberg children will this year be representing this Association at the Wide Bay Regional Track & Field at Bundaberg on Thursday 30 August; and the State Championships at Brisbane on 10 & 11 October 2023.

A high standard of athletic ability and sportsmanship has already been displayed in the preceding events. In wishing the competitors the best of fortune today, I remind them that winning is admirable, but not as important as competing with a sense of sportsmanship. Thank you all for coming here and helping to make this day successful.

Veronica Geiger

Trophy Winners from 2022

Section A	Arthur Begeda Trophy – Gin Gin District
Section B	Jim Irwin Trophy – Bargara
Section C	Bert Stevens Trophy – Oakwood

Percentage Trophies

Section A	Graham Savidge Trophy – St Luke's
Section B	Les & Wendy Barker Trophy – Bargara
Section C	Clem Campbell Trophy – Discovery Christian College

Ball Games

Section A	Cec Hough Memorial trophy – St Luke's
Section B	Cec Hough Memorial trophy – Avoca/Bargara
Section C	Cec Hough Memorial trophy – Gooburrum
Finals	Owen Hills Memorial Trophy – Bargara

Open Boys	Jim Sullivan Trophy – St Luke's
Open Girls	Nell Curran Trophy – Bargara
Overall Points	Coca Cola Trophy – Bargara

PROGRAM FOR ANNUAL ATHLETICS CARNIVAL - 2023.

Flat Races

<i>Time</i>	<i>Event No.</i>	<i>Event</i>	<i>Record</i>
9.00 am	5 - To Final 45	Boys - 9 Yrs - 80 m	J Brown (BH) 11.55 s - 1997
9.04 am	6 - To Final 46	Girls - 9 Yrs - 80 m	J Broadhurst (E) 12.09 s - 2004
9.08 am	7 - To Final 47	Boys - 10 Yrs - 100 m	D Clark (W) 13.4 s - 1980
9.12 am	8 - To Final 48	Girls - 10 Yrs - 100 m	K Reynolds (F'Mead) 14.2 s - 1978
9.16 am	9 - To Final 49	Boys - 11 Yrs - 100 m	L Johnson (N) 13.1 s - 1984
9.20 am	3 - To Final 50	Girls - 11 Yrs - 100 m	K Reynolds (F'Mead) 13.5 s - 1979
9.24 am	4- To Final 51	Boys - 12 Yrs - 100 m	M Hodgkinson (C) 12.5 s - 1977
9.28 am	12 - To Final 52	Girls - 12 Yrs - 100 m	T Langbecker (NV) - 1980 L Johnson (N) 13 s - 1981
9.45 am	17 - To Final 57	Relay - Boys 9 & Under - 4 x 80 m	Norville - 49.66 s - 2002
9.54 am	18 - To Final 58	Relay - Girls 9 Yrs & Under - 4 x 80 m	West - 50.94 s - 1993
3.05 am	19 - To Final 59	Relay - Boys 10 Yrs & Under - 4 x 100 m	West 58.8 s - 1981
3.14 am	20 - To Final 60	Relay - Girls 10 Yrs & Under - 4 x 100 m	North 60.4 s - 1982
3.23 am	21 - To Final 61	Relay - Boys 11 Yrs & Under - 4 x 100 m	West 57 s - 1981
3.32 am	22 - To Final 62	Relay - Girls 11 Yrs & Under - 4 x 100 m	Avoca 58.7 s - 1981
3.41 am	23 - To Final 63	Relay - Boys 12 Yrs & Under - 4 x 100m	North 55.19 s - 1997
3.50 am	24 - To Final 64	Relay - Girls 12 Yrs & Under - 4 x 100m	North 56.7 s - 1981

Ball Games

<i>Time</i>	<i>Event No.</i>	<i>Event</i>	<i>Record</i>
11.00 am	25	Boys Tunnel Ball - Section A	WV 48.1 s - 1986
	26	Boys Leader Ball - Section A	N 40.34 s - 1995
	27	Boys Tunnel Ball - Section B	
	28	Boys Leader Ball - Section B	
	29	Boys Tunnel Ball - Section C	
	30	Boys Leader Ball - Section C	
	31	Boys Tunnel Ball - Final 1st, 2nd, 3rd from Events 25, 27, 29	
	32	Boys Leader Ball - Final 1st, 2nd, 3rd from Events 26, 28, 30	
	33	Girls Tunnel Ball - Section A	WCK 47.8 s - 1974
11.30am	34	Girls Leader Ball - Section A	WCK 41.2 s - 1978
	35	Girls Tunnel Ball - Section B	
	36	Girls Leader Ball - Section B	
	37	Girls Tunnel Ball - Section C	
	38	Girls Leader Ball - Section C	
	39	Girls Tunnel Ball - Final	
		1st, 2nd, 3rd from Events 33, 35, 37	
	40	Girls Leader Ball - Final	
		1st, 2nd, 3rd from Events 34, 36, 38	

LUNCH BREAK

FINALS - FLAT RACES
FINALISTS ASSEMBLE AT 12.20 PM

Time	Event No.	Event	Record
12.30pm	45	Boys - 9 Yrs - 80 m	
	46	Girls - 9 Yrs - 80 m	
	47	Boys - 10 Yrs - 100 m	
	48	Girls - 10 Yrs - 100 m	
	49	Boys - 11 Yrs - 100 m	
	50	Girls - 11 Yrs - 100 m	
	51	Boys - 12 Yrs - 100 m	
	52	Girls - 12 Yrs - 100 m	

RELAYS

12.45pm	57	Boys - 9 & Under - 4 x 80 m	
	58	Girls - 9 & Under - 4 x 80 m	
	59	Boys - 10 & Under - 4 x 100 m	
	60	Girls - 10 & Under - 4 x 100 m	
	61	Boys - 11 & Under - 4 x 100 m	
	62	Girls - 11 & Under - 4 x 100 m	
	63	Boys - 12 & Under - 4 x 100 m	
	64	Girls - 12 & Under - 4 x 100 m	

800m

1.15pm		Boys - 10 Yrs - 800 m	
		Girls - 10 Yrs - 800 m	
		Boys - 11 Yrs - 800 m	
		Girls - 11 Yrs - 800 m	
		Boys - 12 Yrs - 800 m	
		Girls - 12 Yrs - 800 m	

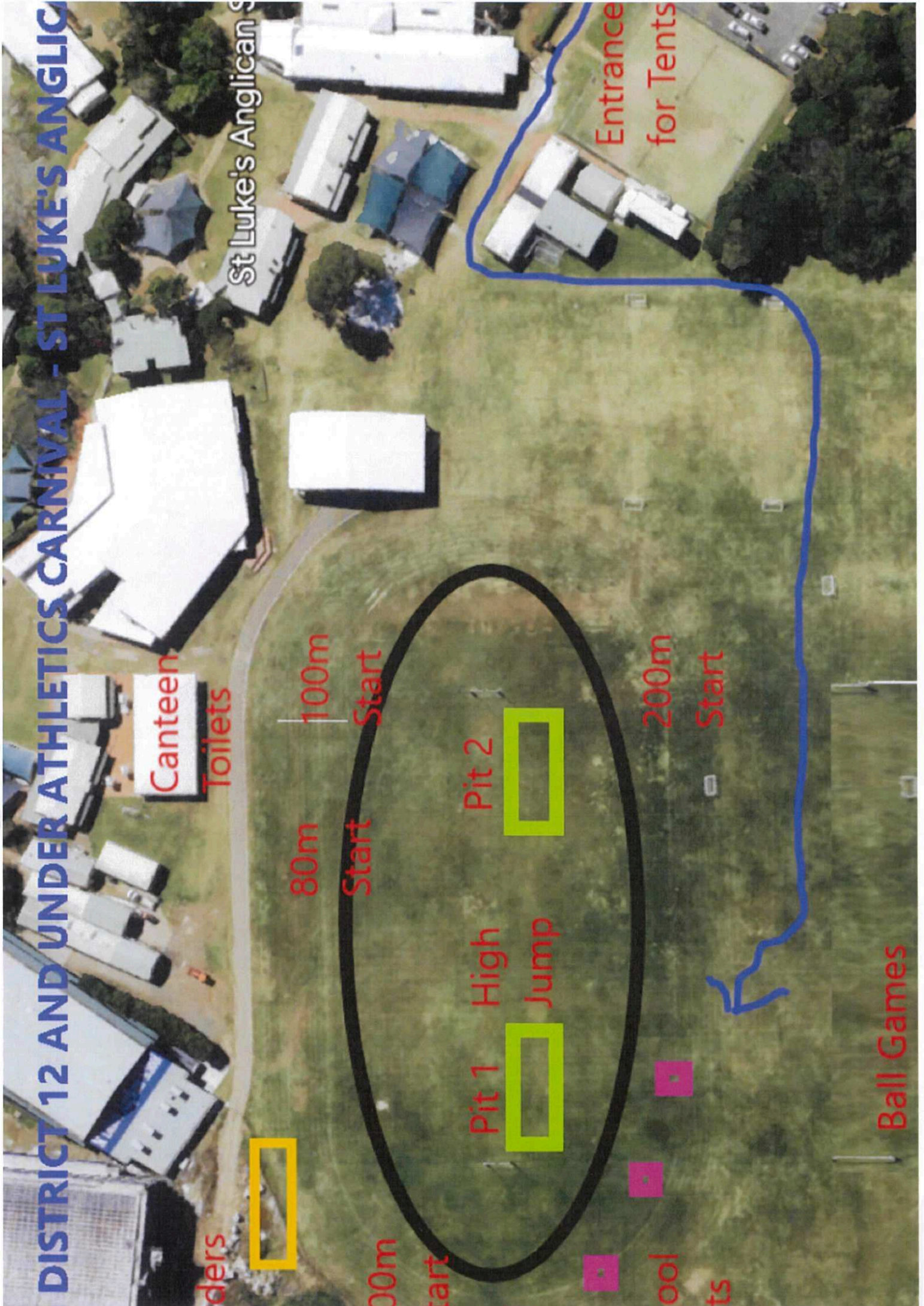
Assembly by all Competitors
Commences at 2.00 pm

Presentation of Trophies

Once again, on behalf of the Association, may I take the time to thank children, teachers and parents for their continued support both on and off the "field". To our Official visitors, too, we offer our sincere thanks for their time, and finally to St Luke's Anglican School in allowing us the use of their oval and facilities this year at short notice, special thanks.

Please remember to take home all belongings.

DISTRICT 12 AND UNDER ATHLETICS CARNIVAL - ST LUKE'S ANGLICAN S



ers

00m

start

ool

ts

Canteen

Toilets

80m

Start

100m

Start

Pit 2

High

Jump

Pit 1

200m

Start

Entrance

for Tents

St Luke's Anglican S

Ball Games

NDABERG DISTRICT 12 AND UNDER ATHLETICS

CARNIVAL

Shot Putt

Discus

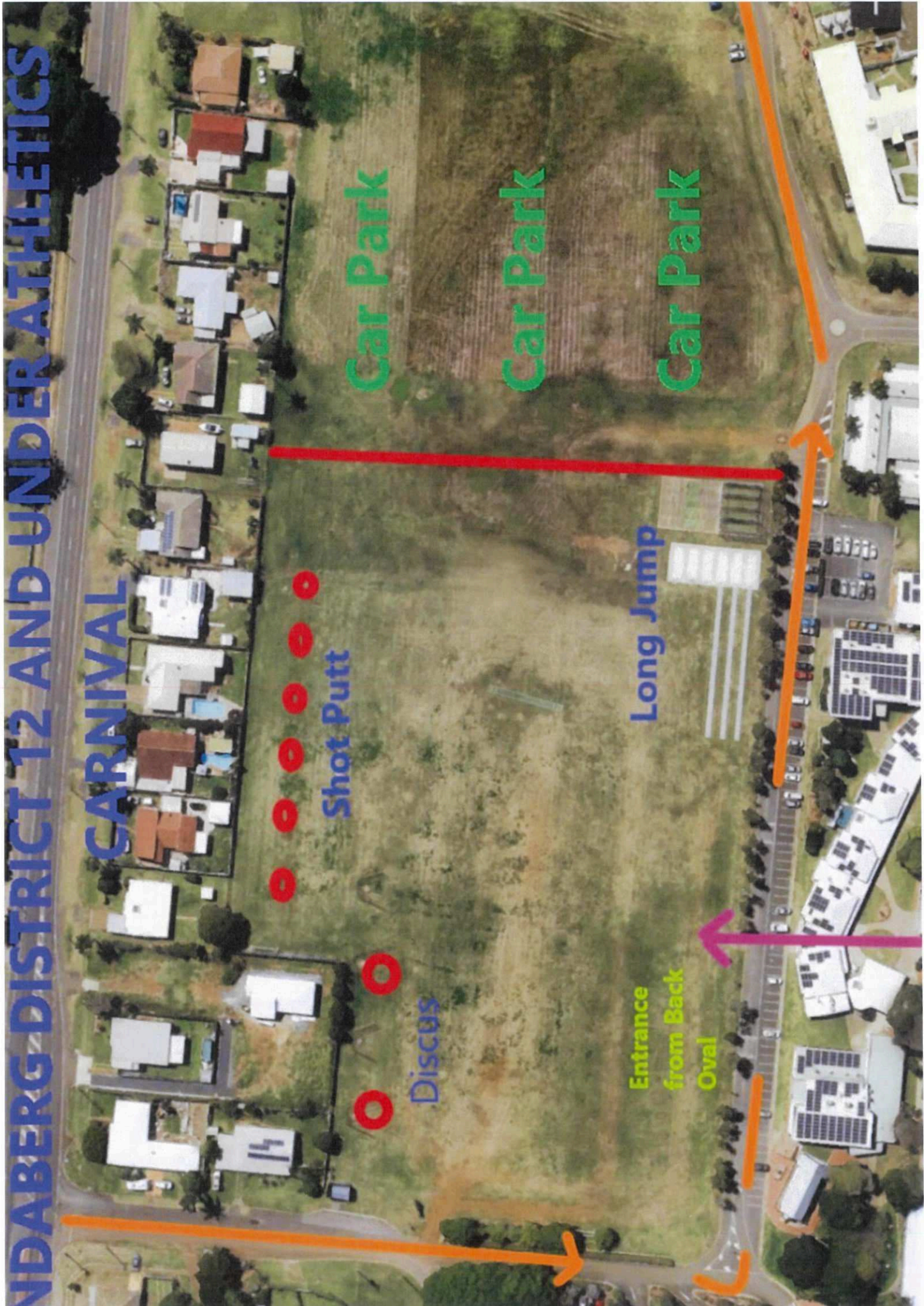
Long Jump

Entrance
from Back
Oval

Car Park

Car Park

Car Park



CANTEEN PRICE LIST

Sausage Roll		\$4.00
Meat Pie		\$5.00
Salad Wrap (ham & salad or chicken & salad)		\$5.00
Piece of cake/slice	from	\$3.00
Fruit - apples, bananas, mandarins		\$1.00
Fruit Salad		\$4.00
Packet of chips		\$2.50
Bottled Water		\$3.00
Popper		\$2.50
Cans of softdrink		\$3.00
Sports drink		\$5.00
Zooper Doopers		\$1.00
Lolly bags		\$1.00
Cookies		\$1.00 each

Sausage Sizzle Meal Deal

Sausage & Bread & Drink & 2 biscuits	\$6.00
Sausage & Bread	\$2.50
Bacon & egg roll (Morning only and limited supply)	\$5.00

*Prices are subject to change