Curriculum activity risk assessment

Football (Soccer)

clever • skilled • creative



Activity scope

This document relates to student participation in Football (Soccer) as a curriculum activity including the teaching of football skills, team training and competition matches conducted by schools.

Risk level

The actual risk level will vary according to the specific circumstances of the activity and these **must** be considered when assessing the inherent risk level and planning the activity. As a starting point, ask the following questions:

- *Which students will be involved?*
- *What will the students be doing?*
- *What will the students be using?*
- *Where will the students be?*
- *Who will be leading the activity?*

Inherent risk level			Action required / approval
☑	**Medium**	Some chance of an incident and injury requiring first aid.	☑ Record controls in planning documents and/or complete this *Curriculum Activity Risk Assessment*. ☑ Consider obtaining parental permission.

Teachers/leaders: Mr Aaron Brown (Teacher - Shalom College - Bundaberg)		
Activity description: Bundaberg District School Sport trials whereby students from any school within the district undertake a trial session including: 1. Warm-up (involving both dynamic and static stretching) 2. Skills display (involving small sided drills such as dribbling, jockeying, shooting, control) - Low risk 3. Game situation/simulation (involving contact in the form of tackling) - Medium risk VENUE is Martens Oval		
Start date: 28/02/19	Finish date: 28/02/19	No of students (approx.): 20-25
Class groups:		Supervision ratio (approx.): 1:20

Football players, File #: 3232997
iStockphoto © ArtmannWitte

Listed below are the minimum recommendations for this type of activity. For any items ticked 'No', provide further information regarding the additional or alternate controls to be implemented for the safe conduct of the activity.

Minimum supervision

Adequate adult supervision is to be provided. In determining what is adequate, consider the number of students, their individual needs, and the nature of the activity.

If an adult other than a registered teacher is engaged for instruction, a teacher should be present to take overall responsibility. Blue Card requirements **must** be adhered to.

- [x] Registered teacher with minimum qualifications as outlined below

OR

- [ ] An adult with minimum qualifications as outlined below, in the presence of a registered teacher

Further information:

Minimum qualifications

The qualifications listed in this section are minimums for each type of situation. Leaders are encouraged to seek training to raise their qualification level above the minimum listed.

- [x] Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel.
- [x] Blue Card requirements met

Medium — Some chance of an incident and injury requiring first aid

For a registered teacher:

- [ ] A Junior Licence from Football Federation Australia

OR

- [x] Competence (demonstrated ability/experience to undertake the activity) in the teaching of football (soccer)

A teacher could demonstrate their competency to conduct an activity to the person approving the Curriculum Activity Risk Assessment through their:

- [x] knowledge of the activity and the associated hazards and risks
- [x] experience (i.e. previous involvement) in undertaking the activity
- [x] demonstrated ability and/or expertise to undertake the activity
- [x] possession of qualifications related to the activity.

For a leader other than a registered teacher:

- [ ] A Junior Licence from Football Federation Australia

Further information:

Minimum equipment/facilities *If 'No' is ticked, provide further information.*	Yes	No
First aid kit suitable for activity.	✔	☐
Communication system: ☐ phone-line at location ✔ mobile phone ☐ walkie talkies/UHF Radio ✔ student/adult messenger Other:		
Sun safety equipment (hat, sunscreen, shirt etc)	✔	☐
Drinking water (students should not share drinking containers)	✔	☐
Shin guards for all players when playing. Shin guards **must** be covered entirely by the stockings (long socks). (FIFA rule)	✔	☐
Minimum clearance of 3m surrounding each field	✔	☐

Some suggested alternate controls where minimum boundary clearance is not met:

- ☐ Reduce the size of the playing field to achieve an adequate clearance zone
- ☐ Remove spectators/dangerous obstacles within the clearance zone
- ☐ Provide instructions to the official/supervisors and players about the limited clearance zone
- ☐ Station supervisors near any obstacles within the clearance zone.

Portable Goals **Standards Australia Handbook (HB227-2203):**

- ☐ No 'home-made' versions of these items as they may not be structurally sound or have sufficient anchor points.
- ✔ Securely anchor/counterweight Portable Soccer Goalposts (PSGs) at all times in accordance with the manufacturer's instructions. Unanchored goals can tip over causing serious injury or death.
- ✔ Net pegs should only be used to secure the net, not to anchor the goal structure.
- ✔ Never allow anyone to climb or hang from the netting or goal framework.
- ✔ Instruct all appropriate personnel on the safe handling of, and potential dangers associated with, PSGs.
- ✔ Structural integrity and proper connecting hardware should be checked before every use and ongoing maintenance ensured.
- ☐ PSGs should be safely stored to prevent unauthorised use/access and potential injuries.
- ☐ Safety warnings should be either in the form of a label or painted on the goal frame

  e.g. **'WARNING – ALWAYS ANCHOR GOAL – NEVER CLIMB ON GOAL OR HANG ON CROSSBAR'**

Further information:

Governing bodies/associations *If 'No' is ticked, provide further information.*	Yes	No
Guidelines/codes of practice are established for this activity. Safety rules of the sport by the governing body Football Federation Australia should be applied, and should take precedence unless additional rules put in place by the Department of Education and Training exceed those of the sport governing body. (See Football Federation Australia (FFA) and Football Queensland.) Have these been considered during the planning of this activity?	☑	☐
If you are organising competitions or other events, have you referred to Queensland School Sport Unit?	☐	☑
Further information:		

Hazards and suggested control measures

All persons engaging in this activity should:

- identify the hazards, including any additional hazards not mentioned here
- assess their significance
- manage the potential risks.

Listed below are indicative hazards/risks and suggested control measures. They are by no means exhaustive lists. After checking these, add details of any other identified hazards/risks and additional controls you intend to implement.

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
Biological material • Body fluids (e.g. blood, saliva, sweat)	• Have sufficient and suitable containment material (bandages etc.) readily available. • Ensure that students do not share personal equipment such as mouthguards, towels and drink bottles.	☑ ☑	☐ ☐	Students have been given requirements to bring their own equipment such as their own drink bottles. First aid kit available with sufficient supplies

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
	• Comply with Infection Control Guideline. Students with open cuts and abrasions are to be removed from the activity and treated immediately. If bleeding cannot be controlled completely, the participant should not be allowed to return to the activity. All clothing, equipment and surfaces contaminated by blood should be treated as potentially infectious. Contaminated clothing **must** be removed (and replaced) by the player before the player rejoins the game.	✔		Blood as an 'infectious contaminant' acknowledged and will be followed if required.
Environmental conditions • Weather • Surfaces • Sprinkler heads • Surrounds	• Assess suitability of playing field (level, debris, potholes/divots in ground, line markers, sprinkler heads, etc.)	✔		Grounds staff have been asked to tidy the area and make sure debris is not present and that suitable identifying markings are visible.
	• Site activities away from buildings, pedestrians and traffic.	✔		
	• Assess weather conditions before and during activity (temperature, storms etc.)	✔		Trials will be cancelled if severe weather disrupts e.g. storms
Physical contact • Collisions • Breaks/sprains • Cuts, grazes and/or abrasions	• Cut or tape long fingernails.		✔	Mens - not appicable
	• Ensure that all items of jewellery (watches, necklaces, rings, earrings, leather bands, rubber bands, studs etc) are removed. Taping is not acceptable (**Mandatory** FIFA RULE).	✔		
	• Ensure that match footballs are sized according to the age of the players: (10yrs-13yrs size 4, 14yrs and older size 5). Footballs that have lifted panels, protruding inflation points, loose or broken stitching, out of shape, should be discarded.	✔		
	• Note that it is recommended that mouthguards should be worn for playing and practising.	✔		
	• Note that game equipment, should comply with age standard levels appropriate to the laws of the game (e.g. footballs, goals for small-sided games).	✔		

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
	• Note that players wearing any form of stiff /solid fracture/sprain casts **must** remove them before playing. The casts are NOT to be covered by foam or any other soft protective material.	✔	☐	
	• If spectacles need to be worn during matches and training sessions, make sure they have plastic frames and plastic lenses. A band should also hold the spectacles on securely.	✔	☐	
	• Ensure that when playing, all players wear footwear. Footwear is to be suitable for running and for kicking a football. o Please note that footwear sold in shops suitable for playing football includes boots/shoes with moulded studded soles, screw in studs (metal or plastic), 'blades' and dimples.	✔	☐	
	• Ensure that boots or shoes are inspected before each match. Boots or shoes with loose, sharp-edged or excessively worn studs and sharp-edged soles should not be worn. If the footwear has tags, the tags **must** be checked to ensure that: o the tags are not sharp on the edge (i.e. nylon screw in tags) o the tags are not tapered o the tag is not pointed (e.g. a track shoe) o the metal screw is not protruding through the tag creating a two-part pointed tag.	✔	☐	
Physical exertion • Strains and sprains • Cramps • Exhaustion and fatigue	• Cover rules, safety procedures and prerequisite skills before students play the game. • Follow progressive and sequential skill development.	✔ ✔	☐ ☐	Will attend to an explanation of how the trials will be run and the amount of contact involved through the game situation.

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
• Organised game times	• Have appropriate warm-up and warm-down activities.	☑	☐	
	• Note that it is recommended that fixtured game times should comply with FFA/Football Queensland recommendations: o 10-12yrs, a maximum 25 minutes per half, 5 minutes (or more) half time break o 13yrs-max 30min per half, 5 minutes (or more) half time break o 14yrs-max 35min per half, 5 minutes (or more) half time break o 15yrs-max 40min per half, 5 minutes (or more) half time break o 16yrs or more, max 45min per half. 10minutes (or more) break.	☑	☐	
	• Modify games to match the skill and fitness levels of students.	☑	☐	Will only be short periods of time due to swapping players to look at all facets of their play/skill/contributions etc.
Students • Student numbers • Special needs • High risk behaviours • Medical conditions	• Obtain parental permission, including relevant medical information	☑	☐	No student is allowed trial without this. Will be enforced as a black and white rule!
	• When students with medical conditions are involved, ensure that relevant medical/ emergency plans and medications are readily available. (i.e. insulin, Ventolin, Epipen, etc.)	☑	☐	
	• Refer to Individual Education Plan/Educational Adjustment Plan/Behaviour Management Plan and other student documents.	☑	☐	
	• Where necessary, obtain advice from relevant Advisory Visiting Teachers or Specialist Teachers.	☐	☐	
	• Ensure there is adequate adult supervision.	☐	☐	
	• If there is reason to believe that a student is injured, remove the student from the field of play	☑	☐	

Hazards/risks	Control measures	Yes	No	Implementation plan / Additional controls
	• Ensure that students do not return to playing after an injury until it is clear that the injury has healed. If there is any doubt, the student should not play until medically cleared	☑	☐	

Additional control measures

These would relate to the specific student needs, location and conditions in which you are conducting your activity.

Hazards/risks	Control measures

Submitted by: Mr Aaron Brown, Shalom College, Bundaberg	**Date:** 27/02/19
List the names of those who were involved in the preparation of this risk assessment. Mr Aaron Brown	

Approval

☐	Approved as submitted:
☐	Approved with the following condition(s):
☐	Not approved for the following reasons(s):

By: Karen McCord	Designation: Principal - Bundaberg State High School
Signed:	Date: 01/03/2019
Once approved, activity details should be entered into the **School Curriculum Activity Register** by administrative staff.	Reference No.

Monitor and review *To be completed during and/or after the activity and/or at the completion of the series of activities.*	Yes	No
Are the control measures still effective?	☐	☐
Have there been any changes?	☐	☐
Are further actions required?	☐	☐
Details:		

Important links

- SCM-PR-002: School Excursions
  http://education.qld.gov.au/strategic/eppr/schools/scmpr002/
- HLS-PR-003: First Aid
  http://education.qld.gov.au/strategic/eppr/health/hlspr003/
- HLS-PR-004: Infection Control and Management of Prescribed Contagious Conditions
  http://education.qld.gov.au/strategic/eppr/health/hlspr004/
- Infection Control Guideline
  http://education.qld.gov.au/health/pdfs/healthsafety/infection_control_guideline.pdf
- HLS-PR-005: Health and Safety Incident Recording and Notification
  http://education.qld.gov.au/strategic/eppr/health/hlspr005/
- HLS-PR-013: Developing a Sun Safety Strategy
  http://education.qld.gov.au/strategic/eppr/health/hlspr013/
- HRM-PR-010: Working with Children Check - Blue Cards
  http://education.qld.gov.au/strategic/eppr/hr/hrmpr010/
- Queensland School Sport Unit
  www.schoolsport.qld.edu.au
- Get Active Queensland Accreditation Program
  http://www.sportrec.qld.gov.au/CommunityPrograms/Schoolcommunity/GetActiveQueenslandAccreditationProgram/Courseinformation.aspx
- Football Federation Australia
  http://www.footballaustralia.com.au/
- FIFA
  http://www.fifa.com/
- Football Queensland
  http://www.footballqueensland.com.au/
- Football Queensland Accreditation Information
  http://footballcoachqld.com.au/index.php?display=cat&id=3
- Safety Alert – Portable Soccer Goalposts
  http://education.qld.gov.au/health/pdfs/healthsafety/portable-soccer-goalposts.pdf
- Australian Standards - Portable Soccer Goalposts
  http://www.saiglobal.com/PDFTemp/CustomizedDownload/hb227-2003.pdf

Further information

For further information on incorporating risk management strategies into curriculum activity planning refer to HLS-PR-012 Managing Risks in Curriculum Activities and the associated list of Curriculum Activity Risk Assessment Guidelines. (See: http://education.qld.gov.au/strategic/eppr/health/hlspr012/index1.html)

For further support with risk management training and advice, contact trained staff in schools such as Workplace Health and Safety Officers (WHSOs) and Workplace Health and Safety Representatives (WHSRs), and regional staff such as Senior Health and Safety Consultants.

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