BDSSS 13-19yrs
CURRICULUM ACTIVITY RISK ASSESSMENT

School/College	Bundaberg Secondary School Sport		
Curriculum Activity (Attach the EQ Activity Guidelines to this document)	Rugby League		
Risk Level	High		
Details of Activity	16 - 18 years boys rugby league BDSSS trial		
Teachers / Leaders of Activity	Kevin Sherriff and Chris Lee		
Year Levels Involved	10 - 12		
Start Date	27/02/2020	**End Date**	23/03/2020
Approximate Supervision Ratio	1:10		
Venue	BDSSS - Brothers Rugby League / Widebay - Gayndah		

Minimum supervision requirements met (as per Education Queensland Curriculum Activity Risk Management Guideline)	☒ Yes	☐ No
A registered teacher will be present to take overall control	☒ Yes	☐ No
Minimum qualification requirements met (as per Education Queensland Curriculum Activity Risk Management Guideline)	☒ Yes	☐ No
Current first aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel	☒ Yes	☐ No
Blue Card requirements met	☒ Yes	☐ No
Minimum Equipment / Facilities Requirements met (as per Education Queensland Curriculum Activity Risk Management Guideline)	☒ Yes	☐ No

If NO for any of the above, risk will be managed through the following				
Suggested control measures have been met (as per Education Queensland Curriculum Activity Risk Management Guideline)	☒ Yes	☐ No		
If NO, risk will be managed through the following				
Is parental permission required for this activity?	☒ Yes	☐ No	**If YES has it been gained?**	☒ Yes ☐ No
Extra Information	Mouthguards are compulsory unless medical certificate granted.			

Submitted by	Kevin Sherriff	Date	20/02/2020

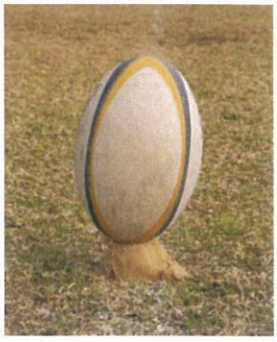
APPROVAL		
☒	Approved as submitted	
☐	Approved with the following condition(s)	
☐	Not approved for the following reason(s)	
By: Karen McCord		Designation: BDSSS President
Signed: 		Date: 26 / 02 / 2020

Teachers / Leaders of this activity who have been trained in these procedures and read the relevant Education Queensland Activity Guidelines.	
Kevin Sherriff	Chris Lee

Monitor and Review			
Are the control measures still effective?	☐ Yes	☐ No	
Have there been any changes?	☐ Yes	☐ No	
Are further actions required?	☐ Yes	☐ No	
Details:			
Completed By		Date	/ /

Rugby League

The planning considerations that are common to all curriculum activities can be found in the CARA generic template. These must be considered as well as the activity-specific considerations outlined below.



Activity scope

This guideline relates to student participation in rugby league as a curriculum activity, including skills development, training and competitions.

Mandatory requirements

Mandatory requirements must be met for the activity to be conducted.

- Refer to the Rugby League National Safeplay Code (for players up to and including 15 years of age) and the NRL Coaching Manual for guidelines. See also the the Queensland Rugby League (QRL) age rules (when required for competition).
- Where the rules and procedures of a rugby league competition impose additional or more stringent safety requirements than are listed, then those competition rules and procedures must take precedence.
- Approved modified rules of the game must be used for younger age-groups (determined by the qualified coach) due to the nature of rugby league making it unsuitable for very young students.
- Students must wear a mouthguard when participating in rugby league. The Department strongly recommends that students wear custom-fitted mouthguards. Schools are required to provide information about the different types of mouthguards to parents/carers to assist them make an informed choice for the student, for example, see the Sport Medicine Australia - Dental Injuries and the Australian Dental Association recommendations.
- Obtain parent/carer consent as part of the medical questionnaire/declaration required for participation in rugby league. The medical questionnaire/declaration must include the following statement:

  > *I understand that mouth protection is mandatory in this sport. I have read the information provided to me about mouth protection and accept responsibility for the type of mouth protection I/my child will wear whilst playing this sport.*

  (Note: Students with a medical condition that may impact on their safety during participation in this activity must be cleared by a medical practitioner to participate in the activity).
- Establish and implement procedures for emergencies such as injury (refer to the NRL injury management procedure) and first aid, resuscitation, communication, emergency service contact details and supervision/safety detail of students that are appropriate to the activity, location and conditions.
- Ensure students do not return to play after injury until the injury has been managed according to established procedures. If in doubt, the student should not play until medically cleared. Refer to the NRL Head Injury Guidelines and Sports Medicine Australia.
- Induct students on emergency procedures, safety procedures and correct technique (e.g. tackling).
- Follow the school's sun safety strategy.
- Refer to the School Excursions and International School Study Tours for mandatory travel requirements that may be associated with this activity when playing off site.

Risk level

Medium risk: Teaching of rugby league skills, training and competitions with modified rules.

High risk: Teaching of rugby league skills, training and competitions.

Queensland Government

Supervision requirements

- Provide sufficient adult supervision to manage the activity safely (including emergency situations). Consider age, size, ability and maturity of students in this decision. Principals make decisions about the supervision requirements.
- Ensure supervisors are visible and easily identified and that all students are in sight of at least one adult at all times.
- During competition, a qualified first aid officer with cardio pulminary rescussitation (CPR)/sports trainer should be readily accessible to the field(s) of play to provide immediate first aid assistance. There must be phone access to call an ambulance if required.
- Competition games must be controlled by competent coaches and officials. A referee who is currently a student of a participating school should not be appointed to referee an unmodified game.

Qualifications for supervisors

Medium risk level

- A registered teacher, or adult supervisor working under the direct supervision of a registered teacher, with Modified Games Coach accreditation from the National Rugby League and be registered to the QRL for the current season.

High risk level

- A registered teacher, or adult supervisor working under the direct supervision of a registered teacher, with International Games Coach accreditation from the National Rugby League and be registered to the QRL for the current season.
- An accredited referee that is registered on the NRL National Database with the Referees Association working under the direct supervision of a registered teacher.

Requirements for facilities and equipment

- Readily available first aid equipment and consumable items (e.g. heat pack, ice pack) appropriate to the location and level of risk.
- Wear personal protective equipment (including footwear) appropriate to the playing surface and type of activity. It is recommended students wear body padding and headgear for full contact games appropriate to the age of participants.
- Clearly define the playing area and establish a safety/spectator zone.
- Ensure there is padding on all goal posts.
- Corner flags and other markers made of non-injurious material.

Hazards and controls

Before the activity

Hazards	Control measures
Considering environmental conditions	• Assess weather (Bureau of Meteorology) and environmental conditions.
Accessing facilities and using equipment	• Check all equipment for damage before and during use. • Ensure the safety zone is in place. If the minimum safety zone cannot be met, provide instructions to the officials/supervisors and students about the limited clearance zone and the steps they could take to ensure safety, including the following: - reduce the size of the playing field to achieve an adequate clearance zone; - remove spectators/dangerous obstacles within the clearance zone; - station supervisors near any obstacles within the clearance zone; - pad any obstacles located within the clearance zone. • Inspect boots before each match. Loose, sharp-edged or excessively worn studs and sharp-edged soles must not be worn.
Managing student considerations	• Select students for on field position(s) on the basis of ability, size and suitability. • Recommend the use of appropriate protective equipment (e.g. body padding, and headgear) for full contact games. • Ensure that in competition games for students aged 15 years and younger, the age difference of team members is no greater than two years. Students turning 16 years of age in the year of competition are permitted to play in 18 years and under competitions, as per the Queensland Rugby League rules.

During the activity

Considering environmental conditions	• Cease the activity if the weather is unfavourable (e.g. extreme temperatures, thunderstorms).
Accessing facilities and using equipment	• Continually monitor and enforce the correct use of all equipment.
Managing student considerations	• Monitor students for signs of fatigue and illness. • Ensure drink breaks occur regularly (i.e. drink breaks are recommended every 30 minutes in conditions of extreme temperature) and drinks are available for individual players between drink breaks. • Remove accessories (e.g. jewellery) before participating. • Ensure fingernails, hair and clothing do not interfere with the activity.

After the activity

Accessing facilities and using equipment	• Clean and store all equipment safely and securely when not in use.

Additional links

QRL Heat Guidelines
Australian Dental Association
Queensland School Sport Unit
Sports Medicine Australia Injury Fact Sheets

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