



Bundaberg District School Sport 10 - 12 Years Swimming

Once again, it is that time for the Bundaberg District swimmers to nominate for the 2020 Queensland 10 - 12 Years Schools Swimming Championships, which will be held at Chandler Aquatic Centre, Brisbane over 3 days - Monday 23, Tuesday 24 and Wednesday 25 March 2020.

As in past years, selection in the Wide Bay Regional Team is gained by submitting times swum in the 50 metre pool in a QSA sanctioned meet. When times are submitted, they must be verified by printouts from Meet Manager and then stamped and signed by the club's secretary or record keeper. If this procedure is not followed, times will not be accepted.

Swimmers must be born in 2010, 2009 and 2008.

Times need to have been swum in the current 2019/2020 season.

Nominations close on Wednesday 19 February 2020 at 3.00 pm at St Luke's Anglican School Main Office.

After our Bundaberg District nominations are sorted and checked, they will be sent to the Regional Sports Office where a Wide Bay Team will be selected by a panel. Successful swimmers will be notified through their schools by Justin Lane - Regional Sports Officer.

If you have any questions about the selection process or Championships, contact me:

Maryann Baren

St Luke's Anglican School: Ph 41327568

Mobile: 0428753441

Email: maryann-baren@stlukes.qld.edu.au

I look forward to receiving your nominations.

Yours in Sport

Maryann Baren (Bundaberg District Swimming Convenor)
Deputy Head of Primary
St Luke's Anglican School

NOMINATION FORM

WIDE BAY 10-12YRS SCHOOLS SWIMMING TEAM 2020

NAME:	
GENDER:	
SCHOOL:	
DOB:	
PARENT EMAIL:	

(Must be completed to receive Nomination package)

Instructions

- (1) Please tick in the left hand column for events in which you wish to nominate for Wide Bay Selection.
- (2) Enter your best time for all events you have nominated for and also list when & where performed.
(These times must be recent 2019/2020 season and swum in a 50m pool at a QSA sanctioned meet.)
- (3) **ALL** Nominations **must** have a copy of Meet/Team manager printout attached to verify times. **Note:**
Please include all 50m times as this assists in selection of Relay teams

EVENT TYPE	TICK TO NOMINATE	BEST TIME (Current Season)	DATE	EVENT
50 m Freestyle				
50 m Backstroke				
50 m Breaststroke				
50 m Butterfly				
100 m Freestyle				
100 m Backstroke				
100 m Breaststroke				
100 m Butterfly				
200 m Indiv. Medley				
200 m Freestyle				
200 m Backstroke				
200 m Breaststroke				
200 m Butterfly				

400 m Indiv. Medley				
400 m Freestyle				

RETURN TO: Your District Secretary/Convenor [as listed below] by Close of Nominations on Wed 19TH February 2020.

Bundaberg:	Maryann Baren (10-12yrs) Bundaberg Nth SS	4132 7568	maryann-baren@slasmail.com
Gympie:	Shereene Moy (10-12yrs) Gympie South SS	5483 0444	smoy9@eq.edu.au
Hervey Bay:	Keith Hill (10-12yrs) Pialba SS	4197 7777	khill61@eq.edu.au
North Burnett:	Carolyn Holmes (10-12yrs) Biggenden SS	4127 6333	cholm23@eq.edu.au
South Burnett:	Ben Brown (10-12yrs) Nanango SS	4171 6200	bjbro0@eq.edu.au
Maryborough:	Kellie O'Brien (10-12yrs) Torbanlea SS	4193 2111	kobri152@eq.edu.au

CERTIFICATION (by District Secretary/Club Registrar or Secretary)

that this swimmer has swum these times this current season and that date of birth shown is correct.

Signature: **Date:**

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District Secretaries/Convenors are requested to submit all nominations to the Regional School Sport Officer by Close of Nominations on **Friday 21st February 2020.**

nomform2020

Appendix A : Time Standards

Time Standards

Queensland School Sport Swimming 10-12 years' Time Standards Boys and Girls

Event	Age	Time standards	Extra Swimmer Qualifying Times
200m Individual Medley	10 yrs	3:28.00	3:18.00
200m Individual Medley	11 yrs	3:13.00	3:05.00
200m Individual Medley	12 yrs	3:00.00	2:53.00
200m Freestyle	10-12	2:34.00	2:26.00
200m Breaststroke	10-12	3:19.00 #	3:11.00 #
200m Backstroke	10-12	2:55.00 #	2:47.00 #
200m Butterfly	10-12	2:55.00 #	2:47.00 #
400m Individual Medley	10-12	6:28.00 #	No extra swimmers
400m Freestyle	10-12	5:20.00 #	No extra swimmers
100m Freestyle	10 yrs	1:24.00	1:19.00
100m Freestyle	11 yrs	1:19.00	1:13.00
100m Freestyle	12 yrs	1:15.00	1:09.00
100m Breaststroke	10 yrs	1:51.00	1:45.00
100m Breaststroke	11 yrs	1:45.00	1:38.00
100m Breaststroke	12 yrs	1:36.00	1:32.00
100m Backstroke	10 yrs	1:36.00	1:31.00
100m Backstroke	11 yrs	1:32.00	1:26.00
100m Backstroke	12 yrs	1:28.00	1:22.00
100m Butterfly	10 yrs	1:40.00	1:39.00
100m Butterfly	11 yrs	1:33.00	1:27.00
100m Butterfly	12 yrs	1:26.00	1:20.00
50m Freestyle	10 yrs	39.00	34.50
50m Freestyle	11 yrs	37.00	33.00
50m Freestyle	12 yrs	34.00	31.00
50m Breaststroke	10 yrs	50.00	47.50
50m Breaststroke	11 yrs	47.00	44.00
50m Breaststroke	12 yrs	44.00	42.00
50m Backstroke	10 yrs	47.00	42.50
50m Backstroke	11 yrs	44.00	39.50
50m Backstroke	12 yrs	41.00	37.50
50m Butterfly	10 yrs	44.00	41.00
50m Butterfly	11 yrs	41.00	37.00
50m Butterfly	12 yrs	39.00	35.00

These events are not eligible for selection to the Queensland team.

- Each region is permitted to nominate up to five competitors for each event in the State Championships using the Standard Times as a guideline.
- If a subsequent swimmer, in the final of a particular event in the Regional Meet, swims faster than the time listed in Extra Swimmer Qualifying Times for the corresponding event that Region may apply for permission from the of Queensland School Sport 10-12 years Swimming to nominate one or more additional swimmers.
- Nominations are to be made electronically only. See separate nomination package